



# SMOKELESS POWDERS HANDLOADERS GUIDE

3<sup>RD</sup> EDITION

November 2000





**ADI Limited** is one of Australia's foremost defence companies, employing some 3,000 people. ADI's businesses run the gamut of defence support activities, from ammunition production through to the installation and commissioning of complex ship management and radar systems. ADI is proud of its position in the Australian market, and constantly strives to improve its performance through investment and innovation.

In the year 2000 ADI is nearing 115 years of experience in ammunition manufacture and 90 years of powder production. The company can trace its roots to the Colonial Ammunition Company (1888, Footscray, Victoria) and "the Cordite Factory" (1911, Maribyrnong, Victoria). In the time since we have seen many changes, but one constant has been a commitment to providing quality ammunition and components for use in the defence of our country.

ADI's ammunition and propellant capabilities have kept pace with rapid developments in applied technology. Now extending to production of insensitive rocket motor propellant and motor filling, insensitive warhead filling and development of a quality Australian propellant for the Australian Army's 25mm Bushmaster cannon ammunition, ADI's expertise and capability in energetic materials is second-to-none in our region.

Australia's sporting shooters have for some years now enjoyed using ADI sporting powders. Products on the Australian market are a direct result of our defence commitment, and our partnership with the Hodgdon Powder Co. Inc. of the USA. ADI powders are now used by discerning shooters across the globe, and we like to think that our commitment to quality and innovation will see us at the forefront of powder development and manufacture for many years to come.



**ADI Sporting Powders** cover the full range of burning rate requirements from the fast burning handgun and shotgun powders right down to the very slow big-bore magnum rifle powders.

The shotgun powders are all large diameter disc powders, double base in composition, covering a wide range of applications in 12,20 and 28 gauge loads. All the shotgun powders are exceptionally clean burning.

The handgun powders are all smaller diameter disc powders manufactured for very uniform metering through powder loaders. The faster burning powders are double base in composition for increased energy. The slower burning powders for use in heavy loads are single base. All the handgun powders are exceptionally clean burning when loaded correctly. Note that the three fastest handgun powders are all matched with the nominal burning rates and bulk densities of the three shotgun powders but, because of their smaller size, they offer superior ability to be metered for small charge weights from standard powder loaders. Reloaders should endeavour to use the AS series powders in shotgun and the AP series powders in pistol where possible.

All the rifle powders are single perforated tubular propellants of single base composition based on ADI's experience in developing powders for the Australian Defence Forces' use in extreme climatic conditions. As a consequence all the rifle powders have, as a feature, low ballistic temperature coefficients – i.e. velocities and pressures do not vary with ambient temperature like most of the other powders available for reloading. In addition, the powders all have good loading characteristics with respect to bulk density and uniformity of metering through powder loaders. They are also very clean burning at normal loads.

All ADI sporting powders are packaged as UN class 1, Hazard Division 1.3C. (mass fire risk).

ADI powders are packed in 500 grams, 1kg, 2kg, or 4kg containers, depending upon type of powder.



## ADI Smokeless Sporting Powders



Powder	Type	Can Size
AS-30N	SHOTGUN/PISTOL	0.5 kg / 2 kg
AP-30N (Discontinued)	PISTOL	
AS-50N	SHOTGUN	0.5 kg / 2 kg
AP-50N	PISTOL	0.5 kg / 2 kg
AS-70N (Discontinued)	SHOTGUN	
AP-70N	SHOTGUN/PISTOL	0.5 kg / 2 kg
AP-90 (Discontinued)	PISTOL	
AP-100	PISTOL	0.5 kg / 2 kg
AR2205	RIFLE/PISTOL	0.5 kg / 4kg
AR2207	RIFLE	0.5 kg / 4kg
BM1	RIFLE	1 kg
AR2206	RIFLE	0.5 kg / 4kg
BM2	RIFLE	1 kg
AR2208	RIFLE	0.5 kg / 4kg
AR2209	RIFLE	0.5 kg / 4kg
AR2213 (Discontinued)	RIFLE	
AR2213SC (New)	RIFLE	0.5 kg / 4kg
AR2214 (Discontinued)	RIFLE	
AR2217 (Coming soon)	RIFLE	0.5 kg / 4kg
AR2218	RIFLE	0.5 kg / 4kg

# SHOOT WITH THE BEST!

ADI's range of powders offers the sporting shooter all the reliability, consistency and high performance they demand. Tested under the most rigorous conditions, this state-of-the-art (and development and production of quality powders *is* an art) range of powders offers the right burning rates for every weapon type – from shotguns to big-bore rifles.

All ADI powders are manufactured to the highest international standards. And they are backed by a comprehensive technical support service.

If you care enough to reload, you'll use ADI powders. And shoot with the best.

## Pistol and Shotgun Powders

ADI shotgun powders are available in a range of burning rates for 12, 20 and 28 gauge cartridges. Exceptionally clean burning, these unique sporting powders offer great repeatability under a wide range of ambient temperatures.

For sporting pistol shooters, ADI offers a range of powders with clean burning properties similar to shotgun powders. Covering the range of calibres from .25 ACP to .50 Action Express, ADI's pistol powders perform with ultimate repeatability and reliability.

## Rifle Powders

For rifles, the ADI sporting powders range is a product of our extensive experience in developing propellants for the Australian Defence Force. ADI offers a range of powders for most calibres from .17 Remington to 0.50 BMG.

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**Cover photo** by Ben Eu (Gunsmith/Photographer)  
of Mialls Gunshop, Frankston Vic. Ph: 9783 1576



**Darryl Page**

*Dear Shooter,*

*Whilst it has been some time in the making, it is with pleasure that I present the 3rd Edition of our reloading guide. You will certainly notice some differences in this edition, the least of which is ADI's new blue logo, one result of the recent purchase of ADI by the Transfield/Thomson-CSF Joint Venture. With these new owners, ADI is now part of a strong and focussed international business and looks forward to a long future.*

*Secondly, you will notice more data! Through our strong partnership with Hodgdon Powder Co. Inc. of the USA, we can now offer a reliable, much expanded range of data in this guide. Data for many obscure and unusual cartridges, as well as new cartridges has been included. The data has been fired under controlled conditions to ensure safety and repeatability.*

*Finally, you will notice changes to the range of powders offered. We have, and will continue, to add new powders to our product range as they are developed, and discontinue powders for which demand has almost ceased or duplication exists.*

*I hope you find this guide a valuable tool, and wish to thank you for your support over the years through continued purchase of ADI Sporting Powders. If you keep buying them, we'll keep making them. Happy shooting*

*Darryl Page  
Director of Ordnance  
ADI Limited*

# SHOTGUN POWDERS

*In approximate order of burning rate from fastest to slowest.*

## AS-30N

An effective low bulk density, high burning rate shotgun powder very suitable for 24 gram loads up to 1350 ft/sec and its burning rate and bulk density are comparable with those for powders such as Hercules Red Dot®.

**TYPICAL LOAD:** Winchester compression formed case – 12 gauge. 70mm length

Winchester WAA1224 wad

Winchester W209 Primer

SHOT WEIGHT      24 grams lead shot

CHARGE WEIGHT    18.50 grains

VELOCITY          1300 ft/sec

PRESSURE         9500 psi

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## AS-50N

An effective intermediate bulk density, fast/medium burning rate shotgun powder very suitable for 28 gram loads up to 1350 ft/sec in 12 gauge and 24 gram loads up to 1200 ft/sec in 20 gauge. Its burning rate and bulk density are in the region of those for powders such as Hercules Green Dot®.

**TYPICAL LOAD:** Winchester compression formed case – 12 gauge. 70mm length

Winchester WAA12SL wad

Winchester W209 Primer

SHOT WEIGHT      28 grams lead shot

CHARGE WEIGHT    21.5 grains

VELOCITY          1300 ft/sec

PRESSURE         10,450 psi

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## AP-70N

An effective, moderately high bulk density, slow/medium burning rate shotgun powder, very suitable for 32 gram loads up to 1310 ft/sec and 36 gram loads up to 1275 ft/sec in 12 gauge, for 28 gram loads up to 1165 ft/sec in 20 gauge and for 21 gram loads up to 1200 ft/sec in 28 gauge. Its burning rate and bulk density are in the region of those for powders such as Hercule Unique® or Herco®.

**TYPICAL LOAD:** Winchester compression formed case – 12 gauge. 70mm length

Winchester WAA12F114 wad

Winchester W209 Primer

SHOT WEIGHT      36 grams lead shot

CHARGE WEIGHT    22.7 grains

VELOCITY          1255 ft/sec

PRESSURE         10,600 psi

# HANDGUN POWDERS

*In approximate order of burning rate from fastest to slowest.*

## AP-30N

**DISCONTINUED**

An effective low bulk density, high burning rate handgun powder very suitable for light target loads in calibres such as .38 special and .45 ACP. Its burning rate, bulk density and clean burning properties are similar to those of AS-30N shotgun powder but it has superior metering characteristics for small charge weights.

**TYPICAL LOAD:** 38 special with 148 grain lead BBWC projectile

CHARGE WEIGHT 2.5 grains

APPROX VELOCITY 650 ft/sec

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## AP-50N

An effective intermediate bulk density medium/fast burning rate handgun powder very suitable for medium target loads in calibres such as .38 special and .45 ACP. It has proven its usefulness in equipment such as "Ammo Load" for the automated reloading of ammunition for police and paramilitary applications in these calibres. Its burning rate, bulk density and clean burning properties are similar to those of AS-50N shotgun powder but it has superior metering characteristics for small charge weights.

**TYPICAL LOAD:** .45 ACP with 200 grain lead SWC projectile

CHARGE WEIGHT 5.0 grains

APPROX VELOCITY 960 ft/sec

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## AP-70N

A very versatile medium bulk density medium burning rate handgun powder useable for loading over almost the full range of handgun cartridges (but not necessarily top performance loads for which specialised burning rate powders must be used). Its burning rate, bulk density and clean burning properties are similar to those of AS-70N shotgun powder but it has superior metering characteristics for small charge weights in powder loaders.

**TYPICAL LOAD:** .44 Special with 200 grain jacketed projectile.

CHARGE WEIGHT 6.8 grains

APPROX VELOCITY 967 ft/sec

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## AP-90

**DISCONTINUED**

An effective single base medium bulk density, medium slow burning rate powder suitable for medium loads in cartridges such as 9mm, .38 super. Its bulk density is slightly lower than AP-70N and its burning rate is approximately 10% slower. It shares the same clean burning and superior metering characteristics with the other ADI handgun powders.

**TYPICAL LOAD:** 9mm Luger with 125 grain lead RN projectile

CHARGE WEIGHT 5.2 grains

VELOCITY 1135 ft/sec

# HANDGUN POWDERS

*In approximate order of burning rate from fastest to slowest.*

## AP-100

An effective single base high bulk density, slow burning handgun powder suitable for major power factor loads in .38 super and similar cartridges. Its bulk density is a little lower than that of Hercules Blue Dot® while its burning rate is approximately 7% faster. It shares the same clean burning and superior metering characteristics with the other ADI handgun powders.

**TYPICAL LOAD:** .40 S&W with 180 grain lead CN projectile

CHARGE WEIGHT 6.5 grains

APPROX VELOCITY 1050 ft/sec

# RIFLE POWDERS

*In approximate order of burning rate from fastest to slowest.*

## AR2205

A very fine grained, very fast burning rifle powder suited to .22 Hornet loads but also useful in some Magnum pistol loads. Its burning rate is close to that of IMR 4227.

**TYPICAL LOAD:** .22 Hornet with 45 grain jacketed projectile.

CHARGE WEIGHT 9.8 grains

APPROX VELOCITY 2,484 ft/sec

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## AR2207

A very useful fine grained fast burning rifle powder for cartridges such as the 7.62mm x 39 Russian, 6mm PPC. Its burning rate is close to that of IMR 4198 although it meters significantly better through standard powder loaders.

**TYPICAL LOAD:** .222 Remington with 50 grain jacketed projectile

CHARGE WEIGHT 20.5 grains

APPROX VELOCITY 3200 ft/sec

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## BENCH MARK 1

A very fine grained powder with very high bulk density and superior metering characteristics for use by bench rest shooters in cartridges such as .22 PPC. It is intermediate in burning rate between AR2207 and AR2206.

**TYPICAL LOAD:** .223 Remington with 55 grain jacketed projectile

CHARGE WEIGHT 24.0 grains

APPROX VELOCITY 3175 ft/sec

# RIFLE POWDERS

*In approximate order of burning rate from fastest to slowest.*

## BENCH MARK 2

A fine grained powder with very high bulk density and superior metering characteristics for use in national rifle association match loads such as 5.56mm with 62 grain projectiles. It is similar in burning rate close to AR2206, but can be faster depending on the calibre used.

**TYPICAL LOAD:** .22-250 Remington with 52 grain jacketed projectile

CHARGE WEIGHT 34.0 grains

APPROX VELOCITY 3775 ft/sec

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## AR 2206

A very versatile medium burning rifle powder suitable for use in .308 Winchester. It can also be used in a wide range of other cartridges. Its burning rate is close to that of IMR 3031 but its bulk density is higher.

**TYPICAL LOAD:** .308 Winchester with 155 grain jacketed projectile

CHARGE WEIGHT 44.5 grains

APPROX VELOCITY 2825 ft/sec

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## AR2208

A useful fine grained medium/slow burning rifle powder for medium sized cartridges such as .308 Winchester and 25-06. Its burning rate is close to that of IMR 4064 but its bulk density is higher.

**TYPICAL LOAD:** 30-30 Winchester with 150 grain jacketed projectile

CHARGE WEIGHT 34.5 grains

APPROX VELOCITY 2349 ft/sec

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## AR2209

A useful fine grained, moderately slow burning rifle powder for cartridges such as 22-250, .243 Winchester, .270 Winchester, 30-06 and 300 Winchester Magnum. Its burning rate is close to that of IMR 4350 but its bulk density is a little higher and its metering through a powder loader is better.

**TYPICAL LOAD:** 30-06 Springfield with 165 grain jacketed projectile

CHARGE WEIGHT 59.0 compressed

APPROX VELOCITY 2835 ft/sec

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## AR2213

**DISCONTINUED**

A versatile fine grained, slow burning rifle powder for larger capacity cartridges such as .270 Winchester, 7mm Remington Magnum, 300 Winchester Magnum and .300 Weatherby Magnum. Its burning rate is in between that of IMR 4831 and H4831 with similar bulk density but better metering characteristics with standard powder loaders.

**TYPICAL LOAD:** .270 Winchester with 140 grain jacketed projectile

CHARGE WEIGHT 57.0 grains

APPROX VELOCITY 3005 ft/sec

# RIFLE POWDERS

*In approximate order of burning rate from fastest to slowest.*

## AR2213SC

**NEW**

AR2213SC will replace AR2213 in the Australian reloading market. AR2213 has been produced by ADI only for supply to the Australian reloading market and is only manufactured every three to four years due to low consumption versus the lot size. As a result, the powder that reaches the shooter may not be of recent manufacture and stockout situations occasionally occur.

ADI produces AR2213SC for the North American reloading market in much higher quantities than AR2213. AR2213SC is in regular production and ADI will be in a better position to guarantee supply. AR2213SC is repackaged and distributed by Hodgdon Powder Co. in the US under the brand name of "Hodgdon H4831SC." ADI also produce AR2213H for Hodgdon, being "Hodgdon H4831" in North America and Europe. AR2213SC and AR2213H have the same burning rate and bulk density (charge weights), but AR2213SC has improved metering characteristics through a shorter cut length of grain.

**TYPICAL LOAD:** 300 Winchester Magnum with 165 grain jacketed projectile

CHARGE WEIGHT 75.5 grains

APPROX VELOCITY 3055 ft/sec

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## AR2217

**COMING SOON**

A fine grained, very slow burning rifle powder, suited for use in most large calibre magnums. Its burning rate is about 5% faster than AR2214.

**TYPICAL LOAD:** 300 Remington UltraMag with 180 grain jacketed projectile

CHARGE WEIGHT 96.0 grains

APPROX VELOCITY 3220 ft/sec

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## AR2214

**DISCONTINUED**

A fine grained, very slow burning rifle powder with specialised applications for some large magnum cartridges. Its burning rate is about 10% below that of AR2213 (a few percent below that of IMR 7828).

**TYPICAL LOAD:** 7mm Remington Magnum with 175 grain jacketed projectile

CHARGE WEIGHT 69.0 grains

APPROX VELOCITY 2650 ft/sec

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## AR2218

An extremely slow burning rifle propellant, initially developed for 0.50 cal and is perfect for over-bore, large capacity magnums. Its burning rate is about 5% below that of AR2214.

**TYPICAL LOAD:** 30-378 Weatherby Magnum with 220 grain jacketed projectile

CHARGE WEIGHT 118.5 grains

APPROX VELOCITY 3145 ft/sec

# WARNINGS

## ADI SMOKELESS PROPELLANTS

1. For the safety of purchaser and others, ADI powders **must be used in accordance with the latest edition of the ADI Smokeless Powders Handloaderis Guide.** Overloading, incorrect storage or improper use can result in personal injury or death to the user and/or other persons as well as damage to property.

It is **essential** that users of ADI powders:

- Follow the recommendations of the ADI Smokeless Powders Handloaderis Guide by not exceeding the maximum loads.
  - Use only the latest reloading data, issued free of charge by ADI.
  - Keep the powders out of reach of children and those persons unfamiliar with the properties of smokeless powders.
  - Store the powders in a cool, dry and safe place with the lid tightly closed.
  - Check the powders at least once per year for any signs of deterioration as described below.
  - Store all powders in the original containers.
  - Do not smoke in areas where ADI powders are stored and used.
  - Do not have loaded firearms in areas where ADI powders are stored and used.
2. Loading data provided within the ADI Smokeless Powders Handloaderis Guide has been compiled from many sources including actual ballistic testing by ADI under controlled conditions and published loading/ballistic information available in the literature. The ballistic performance of smokeless powders varies considerably depending upon factors such as the type of firearm being used and its condition, the particular components being used in a cartridge with a powder, the reloading techniques used, the actual batch of the powder being loaded, weather conditions at the time of firing, etc. Therefore, it is not possible for the loading data in the ADI Smokeless Powders Handloaderis Guide (or any other similar manual) to be other than a guide to a safe load for any particular application. Exceeding the recommended loading data will increase the chance of obtaining unsafe pressures and may result in damage and/or personal injury or even death.
  3. While ADI controls the burning rate of its various smokeless powders within tight limits at the time of manufacture all other factors affecting the ballistic performance of these powders at the time of use are outside ADI's control. ADI therefore disclaims any and all warranties concerning the use of its various smokeless powders for any particular application. ADI does not assume, nor does it authorise any person to assume for it, any liability in connection with the use of any product or data.
  4. The buyer of ADI Smokeless Powders assumes the risk of having to follow safe loading practices otherwise damage and/or severe personal injury (including death) may occur.
  5. NEVER substitute ADI Smokeless Powders for black powder or Pyrodex® or mix smokeless powders with these materials. NEVER use ADI smokeless powders in black powder firearms, saluting cannons or similar devices. Any of these practices may result in the firearm blowing apart resulting in property damage, personal injury or even death.
  6. Store smokeless powders in a cool dry place separate from solvents, flammable gases and other combustible materials. Ensure that the storage area selected is free from any possible source of excess heat and is isolated from open flame, hot water heaters, furnaces, chimneys, flue pipes, etc. Avoid storing smokeless powders in areas which may be heated by the sun or where electrical, electronic or mechanical equipment is operated.

Do not allow containers of powder to contact walls of storage areas which are exposed on the other side to sunlight or other form of heating. Any such form of heating or ignition may result in a fire, either immediately or after some time due to accelerated chemical deterioration and subsequent spontaneous ignition. An average storage temperature below 25°C is recommended to obtain a safe shelf life of at least 10 years from the date of packing. Increased storage temperature will reduce the safe shelf life significantly – by approximately one-third for every 10°C above 25°C.

# WARNINGS

7. All smokeless powders deteriorate chemically as they get older. This rate of deterioration can be accelerated by such things as storage in warm conditions, exposure to other chemicals and exposure to direct sunlight. Any such deterioration may ultimately lead to a fire through spontaneous ignition of the powder.

CHECK containers of smokeless powder regularly for possible deterioration through age or inadequate storage. Yearly checks are recommended wherever average daily summer temperatures exceed 30°C. Where average daily summer temperatures are usually below 30°C checks should be made every two years.

CHECK containers of smokeless powder for possible chemical deterioration through age or inadequate storage. Such deterioration may ultimately lead to spontaneous ignition of the powder. Chemical deterioration of smokeless powder can be recognised by carefully smelling the contents of the container – any deterioration produces an acrid, acidic odour quite different from the normal sweet smelling odours of ethanol or ether which are usually present. Rusting of metal surfaces exposed to smokeless powder can also indicate deterioration.

8. Deteriorated smokeless powder should be disposed of by carefully burning it in thin layers (not more than 10mm deep) in small quantities (never more than 500 gram) in an isolated location (at least 10 metres from any other combustible material). DO NOT LIGHT THE POWDER DIRECTLY. Always use an ignition train of slow burning combustible material so that you are able to retreat to a safe distance before the powder ignites.
9. Store ADI Smokeless Powders in their original containers which have been approved for that purpose. Storage cabinets used for storage of containers of Smokeless powders should be constructed of insulating materials with weak walls, seams or joints to provide easy venting in the event of a fire. Such storage cabinets should not be located on walls where heating on the other side (by the sun or other heating arrangement) will occur.
10. DO NOT SMOKE in areas where smokeless powder is stored or used.
11. DO NOT HAVE LOADED FIRARMS in areas where ADI Smokeless Powders are stored or used – accidental or intended operation of the

firearm may cause ignition of smokeless powder, either by direct ignition of powder in the open or through bullet impact on containers of powders.

12. Do not cut, pierce or puncture powder containers.
13. ADI rifle powders are designed to give less ballistic variation with temperature changes than regular smokeless powders. This does not mean that ballistics will never change with temperature. The extent to which change is minimised depends upon many factors including the calibre, primer brand and projectile weight. Care should always be taken to ensure that any particular load is safe at the extreme temperatures at which it will be used.
14. Smokeless powders can change their moisture reasonably quickly if exposed to the atmosphere. Any change of moisture can affect the powder burning rate and the effectiveness or safety of a particular load. Always minimise the exposure of any smokeless powder to the atmosphere during loading. Use minimum quantities of powder at any time in powder loaders and keep lids on containers tightly closed at all times. Do not keep powders in loaders for long periods of time. In this way you are more likely to preserve the appropriate level of moisture for the lot of the powder in use and obtain consistent reliable ballistic performances from every load.
15. Follow the hints on Reloading Safety given in the ADI Smokeless Powders Reloaderis Guide. Remember that smokeless powders and ammunition are explosive and that firearms are only designed to operate within safe working limits and are not indestructible. The wrong combination of powder burning rate, charge weight, cartridge components and weapon can be disastrous. ALWAYS TAKE EXTREME CAUTION when you are reloading.
16. Never mix any varieties of powder, regardless of their type, brand or source.
17. Do not salvage powder from old cartridges, and do not mix new and salvaged powder.
18. Always store powder in the smallest practical quantities. If you have large quantities of powder, do not maintain it all in one place only. Spread your containers, and remember that small containers are safer than large containers.

# RELOADING SAFETY

## ADI SMOKELESS PROPELLANTS

1. These instructions on Reloading Safety should be read in conjunction with the Warnings section on pages 9 and 10.
2. Take care at all times – items and equipment used for reloading can all be dangerous if mishandled or abused.
3. Keep reloading components out of the reach of children – in particular powder, primers and lead projectiles.
4. Keep powder away from other combustible material and from possible sources of ignition.
5. Do not keep old powders, salvaged powders or powders of uncertain origins.
6. Do not smoke in areas where powder is stored or while handling powder or primers.
7. Only store powder in its original container to avoid the risk of the powder being mislabelled.
8. Do not leave any powder or primers in reloading press or in powder/primer dispensers after handloading is completed.
9. Clean up spilled powder promptly. Use a brush and dustpan – do not use a vacuum cleaner. Keep the waste powder under water in a suitable container until it can be disposed of safely. Do not accumulate large amounts of waste powder.
10. Each ADI Smokeless Powder has specific burning rate and bulking characteristics determined by its composition, geometry and manufacturing process. The factors are carefully controlled during manufacture to ensure consistent ballistic performance. Do not attempt to mix or blend different powders as such mixtures may produce dangerous and erratic velocities and pressures.
11. Develop a strict routine for reloading operations and avoid distraction such as television, visitors, etc.
12. Recheck each operation for safety and uniformity.
13. Double check critical points like powder type, projectile weight and diameter before starting.
14. Only have one powder type and one projectile type in the actual working area while reloading.
15. Do not trim cases below the minimum design length for any calibre.
16. Ensure that cases are not deformed and are free of body splits, mouth cracks, enlarged primer pockets, enlarged flash holes and any foreign matter. Only use cases which are dry (but do not dry cases by direct heating or in an oven above 150°C).
17. Check Projectiles for damage and ensure that lead projectiles are free from casting defects.
18. Always wear safety glasses or goggles while reloading and wear gloves while handling lead projectiles.
19. Owing to the effect of variations within allowable manufacturing tolerances for cartridge components made by different manufacturers, weapon variations and conditions, operating temperatures etc, pressures developed by any given rifle or pistol load can vary significantly from that applying to our recommended loads. It is therefore **essential** that loads be worked up from a charge weight lower than the recommended maximum, watching for any signs of excessive pressure (difficult extraction, gas leaks, flattened or blown primers, unusual recoil or expanded case heads). Loads can then be worked up to safe comfortable levels providing signs of excessive pressure are not observed. If signs of excessive pressure are noticed then loads must be reduced until they are at least 5% lower than the load at which the excessive pressure signs were first noted.

# RELOADING SAFETY

20. Take special care when working up trial loads with slow burning powders in large calibre cartridges. Light loads in some calibres may produce occasional dangerously high pressures. It is suggested that minimum loads in large calibre cartridges should not be reduced below about 75% case capacity.
21. Keep detailed records of your safe loads for your weapons and consult them before reloading. However, be prepared to work them up again whenever you change the lot of powder or alter the weapon. Normally a starting reduction of 5% in charge weight is all that should be necessary when you change lots of powder.
22. Never exceed maximum recommended loads.
23. Carry out frequent check weighing of powder charges thrown either by a hand operated powder measure or reloading press to ensure the setting has not changed. At least five charges should be used for each check using a good set of powder scales.
24. Because many recommended loads (especially for pistols) do not fill the cartridge case it is essential that, prior to bullet seating, each filled case is individually inspected to ensure that it contains only a single charge. Never load a cartridge with a double charge as excessively dangerous pressures are certain to occur. After bullet seating, the cartridge overall length must be individually checked to ensure that it has not fallen below the minimum design value where excessive dangerous pressures may be experienced.
25. Ensure that all reloaded cartridges are free from oil, grease, excess lead bullet lubricant and any other foreign matter prior to firing.
26. Never attempt to decap live primers from a cartridge case. Primed cases or cartridges should always be fired in a firearm to destroy the primer.

**NOTE:** Whenever practicable, avoid loading to maximum possible velocity. Experienced shooters know that velocities which are somewhat lower than maximum will usually give the best accuracy while helping to prolong weapon and barrel life and making shooting more comfortable.

Any questions or concerns related to the use of ADI Smokeless Powders should be directed to the ADI Ordnance, Propellants, Explosives and Chemicals on (03) 5742 2200.

# Shotshell Data

Loads listed here should be followed as they are printed. These loads are for use with lead shot only, no larger than #2 size.

They must not be used with steel shot under any circumstances.

For loading data for BB's through to slugs, contact ADI Limited, PE & C on (03) 5742 2200.

**NEVER EXCEED THE  
MAXIMUM RECOMMENDED  
LOADS OR SHOT WEIGHTS.**



# SHOT GUN DATA

12 Gauge 2<sup>3</sup>/<sub>4</sub>" (70mm) Plastic compression-formed cases (Winchester AA12; Mk 5 Super X; Supreme; Beretta)

SHOT WEIGHT (ounces)	NOMINAL VELOCITY (ft/sec)	APPROX. DRAM EQUIV.	WAD TYPE	PRIMER TYPE	AS-30N WEIGHT (grain)	PRESS (psi)	AS-50N WEIGHT (grain)	PRESS (psi)	AP-70N WEIGHT (grain)	PRESS (psi)
7/8	1200		WAA1224	WIN209 CCI209 Fiocchi 616	16.8	7000				
	1255		WAA1224	WIN209 CCI209 Fiocchi 616	17.5	8350				
	1300		WAA1224	WIN209 CCI209 Fiocchi 616	18.5	9500	21.0	7800		
	1350		WAA1224	WIN209 CCI209 Fiocchi 616	19.2	10600	22.0	8300		
1	1180	2 <sup>3</sup> / <sub>4</sub>	WAA12SL	WIN209 CCI209 Fiocchi 616	17.0	8450	19.5	8000		
	1250	3	WAA12SL	WIN209 CCI209 Fiocchi 616	18.5	9750	20.4	9200		
	1300	3 <sup>1</sup> / <sub>4</sub>	WAA12SL	WIN209 CCI209 Fiocchi 616	19.5	11000	21.5	10450		
	1350		WAA12SL	WIN209 CCI209 Fiocchi 616	NR	NR	22.5	11250		

NR = Not Recommended

# SHOT GUN DATA

12 Gauge 2<sup>3</sup>/<sub>4</sub>" (70mm) Plastic compression-formed cases (Winchester AA12; Mk 5 Super X; Supreme; Beretta)

SHOT WEIGHT (ounces)	NOMINAL VELOCITY (ft/sec)	APPROX. DRAM EQUIV.	WAD TYPE	PRIMER TYPE	AS-30N WEIGHT (grain)	PRESS (psi)	AS-50N WEIGHT (grain)	PRESS (psi)	AP-70N WEIGHT (grain)	PRESS (psi)
1 <sup>1</sup> / <sub>8</sub>	1090	2 <sup>1</sup> / <sub>2</sub>	WAA12	WIN209 CCI209 Fiocchi 616	16.3	7500				
	1145	2 <sup>3</sup> / <sub>4</sub>	WAA12	WIN209 CCI209 Fiocchi 616	17.0	10000	19.0	9000		
	1200	3	WAA12	WIN209 CCI209 Fiocchi 616	NR	NR	19.5	9850	23.0	9750
	1250	3 <sup>1</sup> / <sub>4</sub>	WAA12	WIN209 CCI209 Fiocchi 616	NR	NR	NR	NR	23.5	10100
	1300		WAA12	WIN209 CCI209 Fiocchi 616	NR	NR	NR	NR	24.50	11200
1 <sup>1</sup> / <sub>4</sub>	1220		WAA12F114	WIN209 CCI209M					23.0 22.5	10900 11400

# SHOT GUN DATA

12 Gauge 2<sup>3</sup>/<sub>4</sub>" (70mm) Plastic Reiffenhauser style cases (Fiocchi Cheddite)

SHOT WEIGHT (ounces)	NOMINAL VELOCITY (ft/sec)	APPROX. DRAM EQUIV.	WAD TYPE	PRIMER TYPE	AS-30N WEIGHT (grain)	PRESS (psi)	AS-50N WEIGHT (grain)	PRESS (psi)	AP-70N WEIGHT (grain)	PRESS (psi)
7/8	1200	2 <sup>3</sup> / <sub>4</sub>	Gualandi	WIN209 Fiocchi 616	19.0	6150				
	1250	3	Gualandi	WIN209 Fiocchi 616	20.0	6600				
	1300	3 <sup>1</sup> / <sub>4</sub>	Gualandi	WIN209 Fiocchi 616	20.5	7150				
	1350		Gualandi	WIN209 Fiocchi 616	21.5	7700				
	1400		Gualandi	WIN209 Fiocchi 616	22.5	8250				
1	1200	2 <sup>3</sup> / <sub>4</sub>	Gualandi	WIN209 Fiocchi 616	19.5	7750	21.5	6600		
	1250	3	Gualandi	WIN209 Fiocchi 616	20.0	8200	22.5	7250		
	1300	3 <sup>1</sup> / <sub>4</sub>	Gualandi	WIN209 Fiocchi 616	21.0	9050	23.5	8050		
	1350		Gualandi	WIN209 Fiocchi 616	22.0	9800	23.5	9500		
11/8	1200	2 <sup>3</sup> / <sub>4</sub>	Gualandi	WIN209 Fiocchi 616			22.0	8500		
	1255	3	Gualandi	WIN209 Fiocchi 616			22.8	9500		
	1300	3 <sup>1</sup> / <sub>4</sub>	Gualandi	WIN209 Fiocchi 616	NR	NR	23.5	11000		

NR = Not Recommended

# SHOT GUN DATA

12 Gauge 2<sup>3</sup>/<sub>4</sub>" (70mm) Plastic Reiffenhauser style cases (Fiocchi Cheddite)

SHOT WEIGHT (ounces)	NOMINAL VELOCITY (ft/sec)	APPROX. DRAM EQUIV.	WAD TYPE	PRIMER TYPE	AS-30N WEIGHT (grain)	PRESS (psi)	AS-50N WEIGHT (grain)	PRESS (psi)	AP-70N WEIGHT (grain)	PRESS (psi)
1	1200		WAA12SL	WIN209	16.8	6200				
	1250		WAA12SL	WIN209	18.0	7200				
	1300		WAA12SL	WIN209	19.0	8000				
	1180		WAA12SL	WIN209	17.1	7800	19.0	7100		
	1235		WAA12SL	WIN209	18.5	9200	20.0	8600		
	1290		WAA12SL	WIN209	19.3	1060	21.1	9600		
1 <sup>1</sup> / <sub>8</sub>	1090		WAA12	WIN209	NR	NR	19.2	7000		
	1145		WAA12	WIN209	NR	NR	19.7	7400		
	1200		WAA12	WIN209	NR	NR	21.0	8500		
	1200		WAA12	WIN209	NR	NR			23.3	9100
	1255		WAA12	WIN209	NR	NR			24.0	9600
	1310		WAA12	WIN209	NR	NR			25.0	10800
1 <sup>1</sup> / <sub>4</sub>	1220		WAA12F114	Fiocchi 616					24.0	10900

# SHOT GUN DATA

## 12 Gauge 2<sup>3</sup>/<sub>4</sub>" (70mm) ACTIV Plastic Cases

SHOT WEIGHT (ounces)	NOMINAL VELOCITY (ft/sec)	APPROX. DRAM EQUIV.	WAD TYPE	PRIMER TYPE	AS-30N WEIGHT (grain)	PRESS (psi)	AS-50N WEIGHT (grain)	PRESS (psi)	AP-70N WEIGHT (grain)	PRESS (psi)
7/8	1200		Gualandi	WIN209 Fiocchi 616	19.0	6150				
	1250		Gualandi	WIN209 Fiocchi 616	20.0	6600				
	1300		Gualandi	WIN209 Fiocchi 616	20.5	7150				
	1350		Gualandi	WIN209 Fiocchi 616	21.5	7700				
	1400		Gualandi	WIN209 Fiocchi 616	22.5	8250				
1	1200	2 <sup>3</sup> / <sub>4</sub>	Gualandi	WIN209 Fiocchi 616	19.0	8100	21.0	7050		
	1250	3	Gualandi	WIN209 Fiocchi 616	19.8	9000	21.6	7850		
	1300	3 <sup>1</sup> / <sub>4</sub>	Gualandi	WIN209 Fiocchi 616	21.0	10200	22.6	8700		
1 <sup>1</sup> / <sub>8</sub>	1200	3	Gualandi	WIN209 Fiocchi 616	18.7	11250	21.0	7050		
	1250	2 <sup>3</sup> / <sub>4</sub>	Gualandi	WIN209 Fiocchi 616	21.6	8550	21.0	6500	26.0	8800
	1300	3 <sup>1</sup> / <sub>4</sub>	Gualandi	WIN209 Fiocchi 616	NR	NR	22.6	8850	27.0	9850
1 <sup>1</sup> / <sub>4</sub>	1200		Gualandi	WIN209 Fiocchi 616	NR	NR	NR	NR	25.5	9200
	1250		Gualandi	WIN209 Fiocchi 616	NR	NR	NR	NR	26.4	10150
	1300		Gualandi	WIN209 Fiocchi 616	NR	NR	NR	NR	27.5	10900

NR = Not Recommended

# SHOT GUN DATA

## 16 Gauge 2<sup>3</sup>/<sub>4</sub>" (70mm) Winchester AA Plastic Compression-Formed Cases

SHOT WEIGHT (ounces)	NOMINAL VELOCITY (ft/sec)	APPROX. DRAM EQUIV.	WAD TYPE	PRIMER TYPE	AS-30N WEIGHT (grain)	PRESS (psi)	AS-50N WEIGHT (grain)	PRESS (psi)	AP-70N WEIGHT (grain)	PRESS (psi)
1	1165	2 <sup>1</sup> / <sub>2</sub>	WAA16	WIN209	NR	NR	NR	NR	19.0	9200
	1220	2 <sup>3</sup> / <sub>4</sub>	WAA16	WIN209	NR	NR	NR	NR	20.0	10300
	1275		WAA16	WIN209	NR	NR	NR	NR	20.7	11000

## 20 Gauge 2<sup>3</sup>/<sub>4</sub>" (70mm) Winchester AA Plastic Compression-Formed Cases

SHOT WEIGHT (ounces)	NOMINAL VELOCITY (ft/sec)	APPROX. DRAM EQUIV.	WAD TYPE	PRIMER TYPE	AS-30N WEIGHT (grain)	PRESS (psi)	AS-50N WEIGHT (grain)	PRESS (psi)	AP-70N WEIGHT (grain)	PRESS (psi)
3/4	1180		WAA20	WIN209 CCI209	NR	NR	15.0	8700		
	1245		WAA20	WIN209 CCI209	NR	NR	16.0	9820		
	1320		WAA20	WIN209 CCI209	NR	NR	17.0	11050		
7/8	1125	2 <sup>1</sup> / <sub>4</sub>	WAA20	WIN209 CCI209	NR	NR	15.0	10100		
	1160		WAA20	WIN209 CCI209	NR	NR	15.5	10700		
	1200	Skeet	WAA20	WIN209 CCI209	NR	NR	16.0	11400		

# SHOT GUN DATA

## 20 Gauge 2<sup>3</sup>/<sub>4</sub>" (70mm) ACTIV Plastic Cases

SHOT WEIGHT (ounces)	NOMINAL VELOCITY (ft/sec)	APPROX. DRAM EQUIV.	WAD TYPE	PRIMER TYPE	AS-30N WEIGHT (grain)	PRESS (psi)	AS-50N WEIGHT (grain)	PRESS (psi)	AP-70N WEIGHT (grain)	PRESS (psi)
7/8	1200		WAA20	WIN209	NR	NR	NR	NR	18.5	8300
1	1165		WAA20F1	CCI209	NR	NR	NR	NR	18.5	8700
	1220		WAA20F1	CCI209	NR	NR	NR	NR	19.0	9600
<b>28 Gauge 2<sup>3</sup>/<sub>4</sub>" (70mm) Winchester AA Plastic Compression-Formed Cases</b>										
3/4	1200	Skeet	WWAA28	WIN209	NR	NR	NR	NR	13.0	10800

NR = Not Recommended

## 410 Bore 2<sup>1</sup>/<sub>2</sub>" Winchester AA Plastic Compression-Formed Cases

SHOT WEIGHT (ounces)	NOMINAL VELOCITY (ft/sec)	APPROX. DRAM EQUIV.	WAD TYPE	PRIMER TYPE	AR2205 WEIGHT (grain)	PRESS (psi)
1/2	1200		WWAA41	WIN209 CCI209M	14.0 14.0	10500 10500

# Pistol Data

The loads shown here are maximums. Pressure variations due to different components, weapons, weapon condition and powder lots are relatively greater for pistols than for rifles. Therefore, it is essential that the initial load used in working up your safe load with your components must be 20% less than listed here. Any increases on the starting load should not be more than 2% at a time. The pistol loads shown are for jacketed projectiles unless otherwise specified.

**NEVER EXCEED  
THE MAXIMUM  
RECOMMENDED LOADS.**



# PISTOL DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
.17 Bumble Bee 10" Barrel	25	AR2205	7	2,331		75	AR2205	15	2,120
.22 Hornet (TCU) 10" Barrel	45	AR2205	11	2,250		87	AR2205	14	2,040
						87	AR2207	15	2,007
.22 Remington Jet (TCU) 10" Barrel	40	AP-100	8	1,800	7mm (TCU)	100	AR2207	24	2,176
	40	AR2205	13	2,400	14 "Wichita" Barrel	115-120	AR2205	18	1,914
	45	AP-100	7.5	1,700		115-120	AR2207	23	2,075
	45	AR2205	12.5	2,300		130	AR2205	17	1,675
						130	AR2207	22	1,935
.221 Remington Fireball 10 3/4 (XP-100)" Barrel	40	AR2205	17	3,033		139-140	AR2205	16.5	1,635
	45	AR2205	16	2,697		139-140	AR2207	21	1,904
	45	AR2207	17	2,632		145-150	AR2205	16	1,597
	50	AR2205	16	2,672		145-150	AR2207	20.5	1,835
	50	AR2207	16.5	2,539		154-162	AR2205	15	1,474
	52-53	AR2205	16	2,603		154-162	AR2207	19.5	1,729
	52-53	AR2207	16.5	2,537		168	AR2207	18.5	1,699
	55	AR2205	15.5	2,503		175	AR2207	18	1,522
	55	AR2207	16	2,441	7mm BR Remington	100	AR2207	26	2,429
	60-63	AR2205	15	2,414	14 "Wichita" Barrel	168	AR2207	21	1,799
	60-63	AR2207	16	2,399		175	AR2207	20	1,684
.222 Remington (TCU) 10" Barrel	45	AR2207	20.5	2,575		115-120	AR2207	24.5	2,250
	50	AR2207	20	2,525		139-140	AR2207	23	1,977
	55	AR2207	19.2	2,325		145-150	AR2207	22	1,882
	52-53	AR2207	19.6	2,425		154-162	AR2207	22	1,805
	55	AR2207	19.2	2,325	7mm-08 (Silhouette)	100	AR2208	45.7	2,931
.25 ACP	35	AP-70N	1.7	922	15" Barrel	130	AR2208	43.5	2,710
2" Barrel	50	AP-30N	1.05	750		139	AR2208	43.5	2,612
	50	AP-50N	1.2	750		139	AR2209	50.00C	2,581
	50	AP-70N	1.4	751		150	AR2208	41.3	2,508
.256 Winchester Magnum 10" Barrel	60	AR2205	16	2,386		150	AR2209	48.50C	2,552
	60	AR2207	18	1,704		162	AR2208	41	2,468
						162	AR2209	48.00C	2,472

(C) = Compressed load

Sequence of numbers is correct in order of decreasing burning rates.

# PISTOL DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>7mm-08 (Silhouette) 15" Barrel (cont)</b>	168	AR2208	40	2,380	<b>.32 Smith &amp; Wesson Long 5.32" Barrel</b>	85	AP-70N	3	865
	168	AR2209	47.20C	2,404		L 90	AP-70N	2.7	844
	175	AR2208	37.5	2,236		90	AP-70N	2.9	838
	175	AR2209	45.00C	2,325		L 98	AP-70N	2.2	830
<b>.30 Luger (7.65mm Parabellum)</b>	85	AP-30N	3.6	1,000	<b>.32 H &amp; R Magnum 5" Barrel</b>	85	AP-70N	4.3	1,123
	85	AP-50N	4	1,000		85	AR2205	9.5	1,151
4 1/2" Barrel	95	AP-30N	3.3	925		L 90	AP-70N	3.2	908
	95	AP-50N	3.8	925		90	AP-70N	4	1,072
<b>.30 M1 Carbine (pistol)</b>	85	AR2205	15.5C	1,745		90	AR2205	10	1,079
	100	AR2205	14.50C	1,621	<b>.32-20 (Pistol) 5 1/2" Barrel</b>	100	AP-70N	3.7	973
	110	AR2205	14.50C	1,602		100	AR2205	10	1,060
<b>.30 Herrett 10 T-C" Barrel</b>	100	AR2205	23	2,360		L 115	AP-70N	3.2	869
	110	AR2205	22	2,321		90	AP-30N	2.7	850
	125	AR2205	20	2,004		90	AP-50N	3	800
	130	AR2205	19	1,960		90	AP-70N	3.6	955
	150	AR2205	18	1,752		90	AP-100	5.1	850
	150	AR2207	22	1,797		100	AP-30N	2.5	750
	165	AR2207	18.5	1,710		100	AP-50N	2.8	725
	85	AP-30N	4.1	1,200		100	AP-70N	3.4	889
<b>.30 Mauser (7.6mm Mauser)</b>	85	AP-50N	4.5	1,225		100	AP-100	4.7	775
	95	AP-30N	3.4	1,075		115	AP-30N	2.1	700
	95	AP-50N	3.8	1,100		115	AP-50N	2.3	725
	130	AR2208	36.00C	2,238		115	AP-70N	2.6	725
<b>.30-30 Winchester (TCU)</b>	150	AR2208	34.5	2,119		115	AP-100	4.4	750
	170	AR2208	33	2,023	<b>9mm Luger (9mm Parabellum) 4" Barrel</b>	90	AP-70N	5.5	1,266
<b>.32 ACP (7.65mm Browning)</b>	71	AS-30N	1.7	830		100	AP-70N	5.3	1,212
	71	AP-70N	2.4	881		115	AP-70N	5	1,149
<b>.32 Smith &amp; Wesson 4" Barrel</b>	85	AS-30N	1.2	600		L 120	AP-50N	3.5	1,075
	85	AP-50N	1.4	650		L 120	AP-100	6	1,180
	85	AP-70N	1.8	730		124	AP-70N	4.9	1,118
						L 125	AP-50N	3.2	1,000

(C) = Compressed load   L = Lead Projectile  
Sequence of numbers is correct in order of decreasing burning rates.

# PISTOL DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>9mm Luger (9mm Parabellum) 4" Barrel</b>	L 125	AP-70N	3.8	1,055	<b>.38 Special 7.7" Barrel</b>	L 158	AP-50N	2.8	700
	L 125	AP-90	5.2	1,135		L 158	AP-70N	3.3	700
	L 125	AP-100	6.2	1,135		L 158	AP-90	3.8	700
	130	AP-70N	4.7	1,058		L 158	AP-100	4.1	700
	L 135	AP-30N	2.9	905		110	AS-30N	4.2	1,073
	L 135	AP-50N	3.3	955		110	AP-70N	5.6	1,143
	L 135	AP-70N	4.2	1,050		L 125	AS-30N	3.5	978
	L 135	AP-90	5.2	1,080		125	AS-30N	3.9	937
	L 135	AP-100	6	1,100		L 125	AP-70N	4.7	1,036
	147	AP-70N	3.3	869		125	AP-70N	5.2	1,019
<b>.38 ACP 3.75" Barrel</b>	L 90	AP-70N	3.6	955	<b>.38 Super Auto 5" Barrel</b>	L 135	AS-30N	3.3	910
	L 95	AP-70N	3.5	901		L 135	AP-70N	4.6	1,025
	L 100	AP-70N	3.4	889		140	AS-30N	3.7	869
<b>.38 Super Auto 5" Barrel</b>	90	AP-70N	6.3	1,352		140	AP-70N	4.8	939
	100	AP-70N	6	1,327		146	AP-70N	4.5	933
	115	AP-70N	5.5	1,225		146	AR2205	10.7	979
	L 125	AP-70N	5.3	1,171		L 148	AS-30N	2.5	836
	125	AP-70N	5.5	1,179		L 148	AP-70N	3.8	940
	130	AP-70N	5.3	1,124		L 158	AS-30N	3.1	871
	147	AP-70N	4.8	1,017		158	AS-30N	3.1	721
	110	AP-30N	3.1	950		L 158	AP-70N	4.5	974
	110	AP-50N	3.5	1,000		158	AP-70N	4.4	778
	110	AP-70N	4.1	1,000		L 158	AR2205	10	983
<b>.38 Smith &amp; Wesson 4" Barrel</b>	110	AP-90	5.1	975		158	AR2205	10	864
	125	AP-30N	3	900	<b>.38 Special + P 7.7" Barrel</b>	170	AP-70N	4.2	823
	125	AP-50N	3.4	950		170	AR2205	9.8	888
	125	AP-70N	4	950		110	AP-70N	6	1,204
	125	AP-90	5	925		125	AP-70N	5.4	1,072
	L 148	AP-50N	2.9	750		140	AP-70N	5.1	1,022
	L 148	AP-70N	3.4	750		140	AR2205	12.4	1,121
	L 148	AP-90	4	750		146	AP-70N	4.7	987
	L 148	AP-100	4.3	750		146	AR2205	12	1,085
						158	AP-70N	4.7	837

(C) = Compressed load L = Lead Projectile

**WARNING: .38 Special + P Loads are for use in modern arms (not aluminium frame) in good condition.**

Sequence of numbers is correct in order of decreasing burning rates.

# PISTOL DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>.38 Special + P</b> 7.7" Barrel <i>See Warning</i>	158	AR2205	11	964		140	AR2205	24	1,985
	170	AP-70N	4.3	847		150	AR2205	23	1,923
	170	AR2205	10.6	950		160	AR2205	22.5	1,814
<b>.357 SIG</b> 4" Barrel	90	AP-70N	7	1,511		170	AR2205	21	1,748
	115	AP-70N	6.1	1,300		180	AR2205	20	1,645
	124	AP-70N	5.8	1,235		200	AR2205	18	1,440
	147	AP-70N	4.9	1,062	<b>.357 Herrett (TCU)</b> 10" Barrel	110	AR2205	33	2,380
<b>.357 Magnum</b> 10" Barrel	110	AP-70N	8	1,536		125	AR2205	32	2,329
	110	AR2205	21	1,900		140	AR2205	30	2,198
	L 125	AS-30N	5.3	1,260		150	AR2205	29	2,142
	L 125	AP-70N	6.8	1,401		158	AR2205	28	2,022
	125	AP-70N	7.6	1,453	<b>.375 JDJ</b> 4" Barrel	220	AR2207	44	2,115
	125	AR2205	20	1,839		140	AS-30N	5.5	890
	L 135	AS-30N	5.1	1,207		180	AP-70N	7.5	955
	L 135	AP-70N	6.5	1,314	<b>.38/40 Winchester</b> 5 1/2" Barrel	140	AS-30N	4	1,035
	140	AP-70N	7	1,299		140	AP-50N	4.5	1,105
	140	AR2205	18	1,685		140	AP-70N	5.5	1,145
	146	AP-70N	6.5	1,261		155	AS-30N	4	970
	146	AR2205	16	1,566		155	AP-50N	4.6	1,015
	L 148	AP-70N	4	989		155	AP-70N	5.6	1,100
	150	AP-70N	6.7	1,255		155	AP-90	6.8	1,140
	150	AR2205	16.5	1,583		155	AP-100	8.1	1,180
	L 158	AS-30N	4.6	1,079	<b>.40 Smith &amp; Wesson</b> 4" Barrel	170	AS-30N	3.4	865
	L 158	AP-70N	6.2	1,247		170	AP-50N	3.8	895
	158	AP-70N	6.3	1,133		170	AP-70N	4.8	1,005
	158	AR2205	16	1,520		170	AP-90	5.9	1,045
	170	AR2205	14.5	1,395		170	AP-100	6.9	1,070
<b>.357 Remington</b> <b>Maximum</b> 10 Ruger" Barrel	110	AR2205	28	2,314		180	AP-70N	4.8	1,010
	125	AR2205	27	2,126		180	AP-100	6.7	1,065

(C) = Compressed load L = Lead Projectile

**WARNING:** .38 Special + P Loads are for use in modern arms (not aluminium frame) in good condition.

Sequence of numbers is correct in order of decreasing burning rates.

# PISTOL DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>.40 Smith &amp; Wesson</b>	135	AS-30N	4.5	1,071		220	AR2205	20	1,433
4" Barrel	135	AP-70N	7.5	1,324		L 245	AP-70N	8	1,164
<i>See Warning</i>	155	AS-30N	4	937		L 245	AR2205	20	1,444
	155	AP-70N	6.6	1,186	<b>.44/40 Winchester</b>	L 200	AS-30N	5.5	890
	180	AS-30N	3.5	847	7 Test" Barrel	L 200	AP-50N	6.5	920
	180	AP-70N	5.8	1,046		L 200	AP-70N	7.3	777
	200	AP-70N	4.7	903		200	AR2205	18	910
<b>10mm Auto</b>	135	AP-70N	8	1,416		L 200	AR2205	20	1,030
5" Barrel	155	AP-70N	7.5	1,279		L 215	AP-50N	6.4	940
	170	AP-70N	6.7	1,187	<b>.44 Special</b>	L 165	AS-30N	4.6	1,009
	180	AP-70N	6.4	1,122	8" Barrel	L 165	AP-70N	6.3	1,042
	200	AP-70N	5.9	1,015		L 185	AS-30N	4.2	930
<b>.41 Action Express</b>	150	AP-70N	6.5	1,025		L 185	AP-70N	6.4	1,031
5" Barrel	L 150	AP-70N	6.3	1,125		L 200	AS-30N	4.5	891
	150	AP-90	8.3	1,050		L 200	AP-70N	6.5	960
	L 150	AP-90	8	1,175		200	AP-70N	6.8	967
	150	AP-100	9.2	1,075		L 200	AR2205	15	1,051
	L 150	AP-100	9.0	1,200		200	AR2205	15	1,021
	170	AP-70N	5.1	900		L 240	AS-30N	4	771
	L 170	AP-70N	4.9	1,000		L 240	AP-70N	5.6	873
	170	AP-90	6.1	925		L 240	AR2205	13.2	947
	L 170	AP-90	5.9	1,050	<b>.44 Remington</b>	L 165	AS-30N	5.5	1,064
	170	AP-100	6.7	925	<b>Magnum</b>	L 165	AP-70N	7.2	1,059
	L 170	AP-100	6.5	1,050	8.275" Barrel	180	AP-70N	11.3	1,463
	L 200	AP-70N	4.4	875		180	AR2205	29	1,708
	L 200	AP-90	5.5	900		L 185	AS-30N	6	1,043
	L 200	AP-100	6	925		L 185	AP-70N	7.4	1,070
<b>.41 Magnum</b>	170	AP-70N	10.3	1,488		L 200	AS-30N	6.4	1,028
10.125" Barrel	170	AR2205	24.9	1,745		L 200	AP-70N	7.8	1,045
	210	AP-70N	8.9	1,243		200	AP-70N	11.1	1,398
	210	AR2205	21.5	1,518		200	AR2205	27	1,686
	220	AP-70N	8.5	1,178		210	AP-70N	11	1,365
						210	AR2205	27	1,624

(C) = Compressed load L = Lead Projectile

**WARNING:** This data is only for use in firearms with barrels which fully support the cartridge in the chamber.

Sequence of numbers is correct in order of decreasing burning rates.

# PISTOL DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>.44 Remington Magnum</b>	225	AP-70N	10.5	1,291		L 200	AS-30N	4.3	888
8.275" Barrel (cont)	225	AR2205	25.5	1,537		L 200	AP-50N	5	960
	L 240	AS-30N	6.2	940		200	AP-70N	6.7	930
	L 240	AP-70N	10.2	1,276		L 200	AP-70N	6.5	1,020
	240	AP-70N	10.2	1,246		230	AS-30N	4	732
	240	AR2205	24	1,458		230	AP-70N	6	853
	270	AP-70N	9.5	1,128		L 230	AP-70N	6.1	965
	270	AR2205	22.5	1,425					
	280	AP-70N	9.7	1,090	<b>.45 Colt</b>	160	AS-30N	6.4	1,083
	280	AR2205	22	1,373	7.25" Barrel	160	AP-70N	9.5	1,197
	300	AP-70N	9.6	1,113		180	AS-30N	6	1,016
	300	AR2205	20	1,312		180	AP-70N	9.2	1,161
<b>.44 Magnum (TCU)</b>	180	AP-100	19	1,750		L 200	AS-30N	5.9	931
14" Barrel	180	AR2205	28.5	1,825		L 200	AP-70N	8.8	1,067
	200	AP-100	18.5	1,700		200	AP-70N	9	1,068
	200	AR2205	27	1,750		L 215	AS-30N	5.7	889
	225	AP-100	17.2	1,675		L 215	AP-70N	8.6	1,001
	225	AR2205	15	1,675		230	AS-30N	5.4	865
	240	AP-100	16.5	1,625		230	AP-70N	8.1	975
	240	AR2205	23.5	1,625		250	AS-30N	5.1	817
	265	AP-100	15.5	1,450		250	AP-70N	7.8	941
	265	AR2205	22	1,475					
<b>.44 Auto Magnum</b>	180	AR2205	27	1,478	<b>.45 Winchester Magnum</b>	225-230	AR2205	25	1,259
6 TDE" Barrel	200	AR2205	26	1,427		240	AR2205	25	1,266
	225	AR2205	22	1,269		250	AR2205	24	1,239
	240	AR2205	21	1,183		260	AR2205	23	1,209
<b>.45 ACP</b>	L 155	AS-30N	5.2	1,080	<b>.45 Winchester Magnum (TCU)</b>	185	AP-90	15.4	1,625
5" Barrel	L 155	AP-50N	6.2	1,175		185	AP-100	17	1,650
	L 155	AP-70N	7.6	1,195	14" Barrel	185	AR2205	26	1,600
	185	AS-30N	4.9	981		200	AP-90	14.8	1,500
	185	AP-50N	5.8	1,030		200	AP-100	16.4	1,525
	185	AP-70N	7.2	993		200	AR2205	25	1,500
	200	AS-30N	4.3	785		230	AP-90	14.2	1,400

(C) = Compressed load L = Lead Projectile

Sequence of numbers is correct in order of decreasing burning rates.

# PISTOL DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>.45 Winchester Magnum (TCU)</b> 14" Barrel	230	AP-100	15.6	1,425	<b>.50 Action Express</b> 6" Barrel	250	AP-70N	12	1,290
	230	AR2205	24	1,400		250	AR2205	28.50C	1,685
	250	AP-90	13	1,300		260	AP-70N	11.5	1,245
	250	AP-100	14.5	1,325		260	AR2205	33.00C	1,762
	250	AR2205	23	1,325		300	AR2205	31.00C	1,702
<b>.454 Casull Magnum</b> 9.37" Barrel	240	AP-70N	11.5	1,325					
	240	AR2205	34.00C	1,834					

(C) = Compressed load

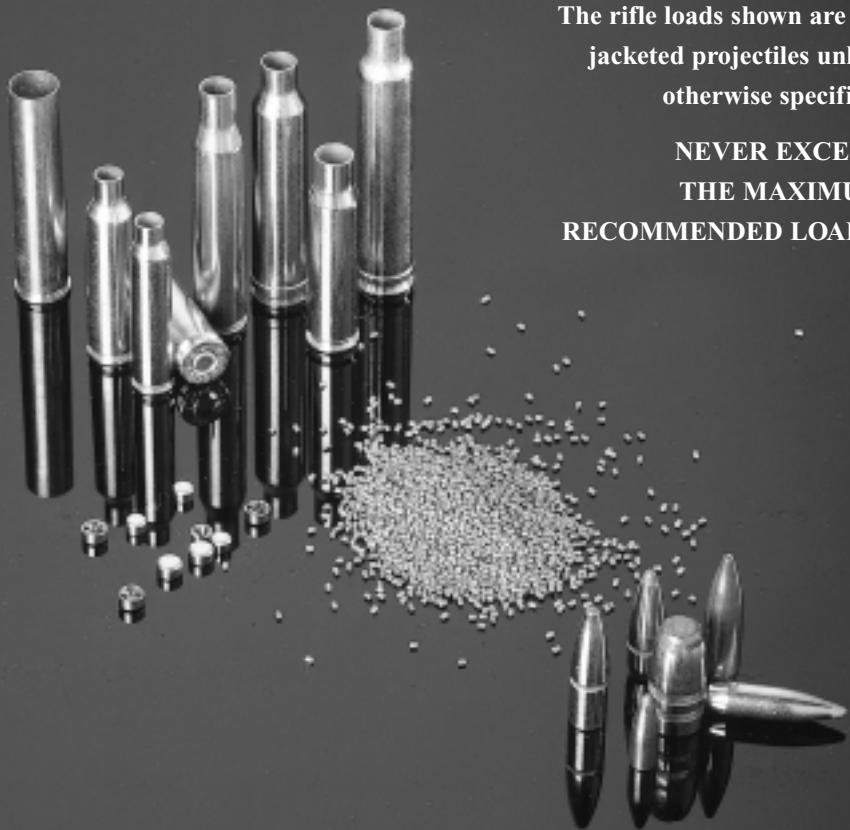
Sequence of numbers is correct in order of decreasing burning rates.

# Rifle Data

The loads shown here are maximum. Initial loads for working up your safe load with your components in your weapon should be 10% less than shown with subsequent increases of about 3% at a time.

The rifle loads shown are for jacketed projectiles unless otherwise specified.

**NEVER EXCEED  
THE MAXIMUM  
RECOMMENDED LOADS.**



# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>17 Hornet (Ackley)</b>	25	AR2205	10	3,100		55	AR2205	10.5	2,400
24" Barrel	25	AR2207	11	3,100		55	AR2207	11	2,400
<b>17 Bee (Ackley)</b>	25	AR2205	11	3,131	<b>218 Bee</b>	40	AR2205	12	2,760
22" Barrel	25	AR2207	13.5	3,365		40	AR2207	14	2,792
<b>17 Mach IV</b>	25	AR2207	16	3,700	26" Barrel	45	AR2207	14	2,779
24" Barrel	25	AR2206	18.5	3,700		50	AR2207	13.5	2,582
<b>17 - 222</b>	25	AR2207	17.2	3,601		55	AR2207	13.5	2,567
24" Barrel	25	AR2206	20	3,625	<b>222 Remington</b>	40	AR2205	19	3,455
	25	AR2208	21	3,675	24" Barrel	40	AR2207	22	3,605
<b>17 Remington</b>	25	AR2207	18.5	3,900		40	BM-1	23.5	3,525
24" Barrel	25	BM1	20.5	3,965		40	BM-2	25.5C	3,535
	25	BM2	21.5	3,985		40	AR2206	24.5C	3,365
	25	AR2206	22	4,000		40	AR2208	25.00C	3,195
	25	AR2208	23	4,025		45	AR2205	17.8	3,225
	25	AR2209	25.50C	3,765		45	AR2207	21.5	3,395
<b>17-223</b>	25	AR2206	22.2	3,975		45	BM-1	24	3,405
24" Barrel	25	AR2207	23.5	3,995		45	BM-2	25.0C	3,340
<b>22 Hornet</b>	40	AR2205	10.2	2,567		50	AR2207	20.8	3,250
24" Barrel	40	AR2207	11.50C	2,488		50	BM-1	22.8	3,265
	45	AR2205	9.8	2,484		50	BM-2	24.4	3,250
	45	AR2207	11.50C	2,400		50	AR2206	24.5C	3,265
	50	AR2205	9.4	2,256		50	AR2208	25.00C	3,155
	50	AR2207	11.50C	2,296		52	AR2207	20.3	3,185
	53	AR2205	8.7	2,062		52	BM1	22	3,130
	53	AR2207	11	2,165		52	BM2	23.4	3,135
	55	AR2205	9	2,095		52	AR2206	23	3,065
	55	AR2207	11.5	2,273		52	AR2208	25.00C	3,140
<b>22 K Hornet</b>	40	AR2205	11.5	2,900		53	AR2205	17	2,990
24" Barrel	40	AR2207	12.5	2,900		53	BM1	21.6	3,060
	45	AR2205	11	2,750		53	BM2	22	2,965
	45	AR2207	12	2,750		55	AR2207	19.5	3,045
	50	AR2205	10.5	2,600		55	BM1	22	3,055
	50	AR2207	11.5	2,600		55	AR2206	23.7	3,125
						55	AR2208	24.5C	3,075

(C) = Compressed load

Sequence of numbers is correct in order of decreasing burning rates.

# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>222 Remington</b>	60	BM2	23.5	3,100	<b>222 Remington Magnum</b>	40	AR2205	17	3,062
24" Barrel (cont)	60-63	AR2207	18.5	2,850	26" Barrel	40	AR2207	24.5	3,760
	60-63	AR2206	23	2,925		45	AR2207	24	3,641
<b>223 Remington</b>	40	AR2205	20	3,545		50	AR2207	23.5	3,379
<b>(5.56mm x 45)</b>	40	AR2207	24	3,755		52-53	AR2207	23	3,282
24" Barrel	40	BM1	26	3,695		55	AR2207	23	3,222
	40	BM2	27.50C	3,690		60-64	AR2207	20.5	3,019
	40	AR2206	27.50C	3,690		70	AR2209	27	2,570
	40	AR2208	27.50C	3,460		70	AR2213SC	27	2,359
	50	AR2207	22.5	3,380	<b>22 Waldog</b>	52-53	AR2207	21	3,000
	50	BM1	24.8	3,385	24" Barrel	52-53	AR2206	23.5	3,000
	50	BM2	26.3	3,410		52-53	AR2208	24.5	3,000
	50	AR2206	26.5C	3,455	<b>22 PPC</b>	40	AR2208	29.5C	3,560
	50	AR2208	27.5C	3,410	24" Barrel	50	AR2207	24.0	3,325
	52	AR2207	22.5	3,315		50	BM1	26	3,350
	52	BM1	24.5	3,340		50	BM2	29	3,430
	52	BM2	26.2	3,365		50	AR2206	27.5	3,350
	52	AR2206	26	3,405		50	AR2208	29.5C	3,408
	52	AR2208	27.00C	3,330		52-53	AR2207	23.5	3,300
	55	AR2207	22	3,190		52-53	BM1	25.5	3,300
	55	BM1	24	3,175		52-53	BM2	28.5	3,368
	55	BM2	25.5	3,240		52-53	AR2208	28.5	3,363
	55	AR2206	25.5	3,260	<b>5.6mm x 50 Magnum</b>	55	AR2208	28.5	3,317
	55	AR2208	27	3,285	24" Barrel	40	AR2206	29	3,630
<b>1 in 10 twist or faster required for this projectile.</b>	62	BM2	23.5	3,000		45	AR2206	28.5	3,550
	62	AR2206	24.5	3,075		45	AR2208	30	3,550
	62	AR2208	25	3,055		50	AR2206	28	3,500
<b>1 in 10 twist or faster required for this projectile.</b>	69	BM2	23.5	2,870		50	AR2208	29.5	3,500
	69	AR2206	24	2,920		55	AR2206	27	3,300
	69	AR2208	25	2,920		55	AR2208	28.5	3,300
<b>1 in 8 twist or faster required for this projectile.</b>	80	BM-2	22	2,670		60	AR2208	27.5	3,250
	80	AR2206	22.2	2,690		70	AR2208	26.5	3,100
	80	AR2208	23.5	2,715					

(C) = Compressed load

Sequence of numbers is correct in order of decreasing burning rates.

# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>219 Donaldson Wasp</b> 24" Barrel	40	AR2207	24	3,500		55	BM2	28	3,250
	40	AR2206	27	3,500		55	AR2206	29	3,250
	40	AR2208	28.5	3,500		55	AR2208	30	3,250
	50	AR2207	23.5	3,400		55	AR2209	37	3,189
	50	AR2206	26.5	3,400		55	AR2213SC	37	3,112
	50	AR2208	28	3,400		60-63	BM2	27	3,180
	52-53	AR2207	23	3,300		60-63	AR2206	28	3,180
	52-53	AR2206	26	3,300		60-63	AR2208	29	3,180
	52-53	AR2208	27.5	3,300		60-63	AR2209	36	3,120
	55	AR2207	22.5	3,200		60-63	AR2213SC	36	3,068
	55	AR2206	25.5	3,200		68-70	BM2	27	2,750
	55	AR2208	27	3,200		68-70	AR2206	26	2,750
	68-70	AR2208	28	2,800		68-70	AR2208	28	2,800
	68-70	AR2209	35	2,949		68-70	AR2213SC	35	2,831
<b>219 Zipper</b> 24" Barrel	45	AR2207	22	3,200		45	AR2206	31.5	3,450
	45	AR2206	25	3,200		45	AR2208	34	3,450
	45	AR2208	26	3,200		50	AR2206	30.5	3,200
	50	AR2207	21	3,000		50	AR2208	33	3,200
	50	AR2206	24	3,000		55	AR2206	29.5	3,000
	50	AR2208	25	3,000		55	AR2208	32	3,000
	52-53	AR2207	20.5	2,900		55	AR2206	32	3,500
	52-53	AR2206	23.5	2,900		55	AR2208	36	3,500
	52-53	AR2208	24.5	2,900		50	AR2206	31	3,250
	55	AR2207	20	2,800		50	AR2208	35	3,250
	55	AR2206	23	2,800		55	AR2206	30	3,050
	55	AR2208	24	2,800		55	AR2208	34	3,050
<b>225 Winchester</b> 24" Barrel	40	AR2206	31	3,780		45	AR2206	33.5	3,600
	40	AR2208	33	3,760		45	AR2208	37.5	3,600
	45	AR2206	30	3,400		50	AR2206	32.5	3,350
	45	AR2208	32	3,480		50	AR2208	35.5	3,350
	50	BM2	29	3,400		55	AR2206	31.5	3,100
	50	AR2206	30	3,450		55	AR2208	34.5	3,100
	50	AR2208	32	3,450					
	52-53	BM2	28.5	3,280					
	52-53	AR2206	29	3,280					
	52-53	AR2208	30.5	3,280					
<b>22/303 Sprinter</b> 24" Barrel	45	AR2206	31.5	3,450					
	45	AR2208	34	3,450					
	50	AR2206	30.5	3,200					
	50	AR2208	33	3,200					
	55	AR2206	29.5	3,000					
	55	AR2208	32	3,000					
	55	AR2206	32	3,500					
	55	AR2208	36	3,500					
	50	AR2206	31	3,250					
	50	AR2208	35	3,250					
	55	AR2206	30	3,050					
	55	AR2208	34	3,050					
	55	AR2206	33	3,050					
	55	AR2208	34	3,050					
<b>22/303 Swift</b> 24" Barrel	45	AR2206	32	3,500					
	45	AR2208	36	3,500					
	50	AR2206	31	3,250					
	50	AR2208	35	3,250					
	55	AR2206	30	3,050					
	55	AR2208	34	3,050					
	55	AR2206	33	3,050					
	55	AR2208	34	3,050					
	55	AR2206	32	3,050					
	55	AR2208	36	3,050					
	50	AR2206	31	3,250					
	50	AR2208	35	3,250					
	55	AR2206	30	3,050					
	55	AR2208	34	3,050					
	55	AR2206	33	3,050					
	55	AR2208	34	3,050					
<b>22/303 Falcon</b> (Full Length) 24" Barrel	45	AR2206	33.5	3,600					
	45	AR2208	37.5	3,600					
	50	AR2206	32.5	3,350					
	50	AR2208	35.5	3,350					
	55	AR2206	31.5	3,100					
	55	AR2208	34.5	3,100					
	55	AR2206	30	3,050					
	55	AR2208	34	3,050					
	55	AR2206	33	3,050					
	55	AR2208	34	3,050					
	55	AR2206	32	3,050					
	55	AR2208	36	3,050					
	55	AR2206	31	3,250					
	55	AR2208	35	3,250					
	55	AR2206	30	3,050					
	55	AR2208	34	3,050					

(C) = Compressed load

Sequence of numbers is correct in order of decreasing burning rates.

# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>224 Weatherby Magnum</b> 24" Barrel	45	AR2206	30.5	3,500	<b>22-250 Improved</b> (Ackley) 26" Barrel	60-64	AR2208	34	3,426
	45	AR2208	31.5	3,500		60-64	AR2209	38	3,391
	50	AR2206	30.5	3,450		60-64	AR2213SC	41	3,441
	50	AR2208	31.5	3,450		68-70	AR2206	30	3,215
	52-53	AR2206	30	3,400		68-70	AR2209	36	3,129
	52-53	AR2208	31	3,400		68-70	AR2213SC	38	3,189
	55	AR2206	29.5	3,300		68-70	AR2217	38	3,187
	55	AR2208	30.5	3,300		50	AR2206	36.5	3,800
	55	AR2209	34	3,240		50	AR2208	39	3,800
	55	AR2213SC	34	3,200		50	AR2209	42.5	3,800
	60-63	AR2206	28.5	3,100		52-53	AR2206	35.5	3,750
	60-63	AR2208	29.5	3,100		52-53	AR2208	38	3,750
	60-63	AR2209	34	3,240		52-53	AR2209	41	3,750
	60-63	AR2213SC	33.5	3,041		55	AR2206	34.5	3,650
	68-70	AR2206	27	2,900		55	AR2208	37	3,650
<b>22-250 Remington</b> 24" Barrel	40	BM2	37	4,165		55	AR2209	40	3,650
	40	AR2206	37.5	4,250	<b>220 Swift</b> 26" Barrel	60-63	AR2206	32.5	3,500
	40	AR2208	38.8	4,225		60-63	AR2208	35	3,500
	50	BM2	34	3,770		60-63	AR2209	38	3,500
	50	AR2206	36	3,830		68-70	AR2206	31.5	3,400
	50	AR2208	36.8	3,865		68-70	AR2208	34	3,400
	50	AR2209	41.00C	3,680		68-70	AR2209	37	3,400
	50	AR2213SC	42	3,473		40	AR2206	38	3,950
	52	AR2207	29	3,635		40	AR2208	40.5	4,113
	52	BM2	34	3,775		45	AR2206	37.5	3,800
	52	AR2206	35.6	3,840		45	AR2208	38.5	3,800
	52	AR2208	36	3,795		50	BM2	37.5	3,845
	52	AR2209	41.00C	3,640		50	AR2206	38.5	3,920
	55	BM2	32.5	3,600		50	AR2208	40	3,925
	55	AR2206	35.5	3,730		50	AR2209	44.5C	3,770
	55	AR2208	36	3,730		50	AR2213SC	44.5C	3,545
	55	AR2209	41.0C	3,665		52-55	AR2208	36	3,645
						52-55	AR2209	42	3,619
						52-55	AR2213SC	46	3,616

(C) = Compressed load

Sequence of numbers is correct in order of decreasing burning rates.

# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>220 Swift</b>	60-64	AR2208	34	3,407	<b>6mm-222</b>	60	AR2207	19	3,023
26" Barrel (cont)	60-64	AR2209	39	3,474		75	AR2207	18	2,718
	60-64	AR2213SC	46	3,586		85	AR2207	16.5	2,514
	60-64	AR2217	45.5	3,343		100	AR2207	15	2,090
	68-70	AR2208	33	3,247	<b>6mm-284</b>	60	AR2213SC	58	3,807
	68-70	AR2209	38	3,313		70	AR2213SC	56	3,762
	68-70	AR2213	40	3,325		75	AR2213SC	55	3,691
	68-70	AR2213SC	42	3,359		80	AR2213SC	55	3,683
	68-70	AR2217	44	3,317		85	AR2213SC	53	3,471
<b>220 Jaybird</b>	52	AR2209	47	3,992		90	AR2213SC	52	3,380
26" Barrel	55	AR2209	47	3,981		90	AR2217	57	3,314
	60	AR2209	45	3,763		100	AR2213SC	49	3,207
	60	AR2213SC	47	3,772		100	AR2217	55	3,229
	69	AR2213SC	47	3,654		105	AR2213SC	48	3,130
<b>5.6mm X 57RWS</b>	50	AR2208	37	3,700		105	AR2217	54	3,168
26" Barrel	50	AR2209	41	3,700		115-117	AR2213SC	45	2,813
	50	AR2213	46	3,700		115-117	AR2217	51	2,898
<b>CAUTION:</b> <i>If reloading old style thick walled brass reduce these loads by at least 4 grains to avoid dangerous pressures.</i>	55	AR2208	36	3,550	<b>6mm x 45</b>	60	AR2207	21.5	2,956
	55	AR2209	40	3,550		68-70	AR2207	21	2,773
	55	AR2213	45	3,550		75	AR2207	19.5	2,480
	60	AR2208	35	3,450		80	AR2207	19	2,440
	60	AR2209	39	3,450		85	AR2207	19	2,440
	60	AR2213	44	3,450		90	AR2207	19	2,350
<b>NOTE WELL:</b> <i>Use Magnum Primers with AR2213 powder reloads.</i>	69/70	AR2208	34	3,300	<b>6mm x 47</b>	60	BM1	25	3,100
	69/70	AR2209	38	3,300		60	AR2206	26.5	3,100
	69/70	AR2213	43	3,300		60	AR2208	28.5	3,100
<b>22 Cheetah Mark II</b>	50	AR2209	51	4,069		70	BM1	24	2,900
24" Barrel	55	AR2209	51	4,017		70	AR2206	26	2,900
<b>22 Savage</b>	70	AR2207	21.5	2,900		70	AR2208	28	2,900
<b>Hi Power (5.6 x 52R)</b>	70	AR2208	24.5	2,900					
24" Barrel									

(C) = Compressed load

Sequence of numbers is correct in order of decreasing burning rates.

# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>6mm x 47</b> 24" Barrel (cont)	75	BM1	23.5	2,700	<b>6mm International</b> 20" Barrel	75	AR2208	32.5	3,239
	75	AR2206	25.5	2,700		80	AR2208	32.5	3,159
	75	AR2208	27.5	2,700		85	AR2208	31	3,007
	80	BM1	23	2,600		90	AR2208	30.2	2,886
	80	AR2206	25	2,600		100	AR2208	28	2,649
	80	AR2208	27	2,600		75	AR2207	30	3,300
	87-90	BM1	21.5	2,450		60	AR2206	33.5	3,300
	87-90	AR2206	23.5	2,450		60	AR2208	36	3,300
	87-90	AR2208	26	2,450		75	AR2207	27	2,900
	60	AR2207	24	3,450		75	AR2206	30.5	2,900
<b>6mm PPC</b> 24" Barrel	60	BM1	25.5	3,450		75	AR2208	33	2,900
	60	BM2	27.5	3,450	<b>243 Winchester</b> 24" Barrel	55	BM2	41.5	3,875
	60	AR2206	29.5	3,450		55	AR2206	42	3,890
	60	AR2208	30	3,450		55	AR2208	44	3,905
	68-70	AR2207	25	3,165		60	AR2206	40	3,700
	68-70	BM1	27	3,135		60	AR2208	41	3,650
	68-70	BM2	28.5	3,135		70	BM2	37	3,435
	68-70	AR2206	29	3,100		70	AR2206	38.0	3,495
	68-70	AR2208	29.5	3,050		70	AR2208	39.5	3,510
	75	AR2207	21	2,780		70	AR2209	43.5	3,190
<b>6 mm BR Remington</b> 24" Barrel	75	BM1	24	2,850		70	AR2213SC	48	3,159
	75	BM2	27	2,850		75	AR2206	36.5	3,330
	75	AR2206	28.5	2,850		75	AR2208	36.5	3,265
	75	AR2208	28.5	2,850		75	AR2209	44.5	3,335
	80	AR2207	21	2,641		75	AR2213SC	48	3,177
	80	AR2208	28.0C	2,843		80	AR2206	36	3,225
	85	AR2208	28.0C	2,848		80	AR2208	38	3,260
	60	BM2	32.5	3,450		80	AR2209	45	3,290
	60	AR2206	33	3,450		80	AR2213SC	47.3	3,295
	60	AR2208	34	3,442		87	AR2206	35	3,035
<b>6.5mm BR</b>	68-70	BM2	30.5	3,200		87	AR2208	36	3,120
	68-70	AR2206	31	3,200		87	AR2209	43	3,150
	68-70	AR2208	34	3,342		87	AR2213	44	3,170
	75	BM2	29	3,100		87	AR2214	49.00C	3,085
	75	AR2206	30	3,100		87	AR2214	49.00C	3,085

(C) = Compressed load

Sequence of numbers is correct in order of decreasing burning rates.

# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>243 Winchester</b> 24" Barrel (cont)	90	AR2209	44.5	3,185		87	AR2208	38.5	3,174
	90	AR2213SC	48.0C	3,203		87	AR2209	45.5	3,240
	95	AR2208	35	2,996		87	AR2213SC	48	3,213
	95	AR2209	42	3,087		90	AR2208	36.5	2,954
	95	AR2213SC	44.50C	3,052		90	AR2209	43	3,062
	100	AR2208	33.7	2,838		90	AR2213SC	45	3,027
	100	AR2209	41	2,970		90	AR2217	50.00C	3,127
	100	AR2213	42	2,990		95	AR2208	37	2,996
	100	AR2217	47.0C	3,000		95	AR2209	45	3,103
	100	AR2214	48.5	2,980		95	AR2213SC	48.7	3,125
	105	AR2209	38	2,820		95	AR2217	52.00C	3,094
	105	AR2213	38	2,785		100	AR2208	36	2,933
	105	AR2213SC	41	2,846		100	AR2209	42.5	2,999
	105	AR2217	46.0C	2,930		100	AR2213SC	46	3,042
	105	AR2214	46	2,775		100	AR2217	50	3,080
<b>6mm Remington</b> <b>(.244 Remington)</b> 24" Barrel	115-117	AR2217	45.5	2,802		105	AR2208	35.5	2,879
	55	AR2208	46	4,014		105	AR2209	43.2	2,987
	60	AR2208	42	3,722		105	AR2213SC	46.5	3,002
	60	AR2213SC	51	3,391		105	AR2217	51.00C	3,010
	65	AR2208	44	3,737		107	AR2208	35.5	2,854
	65	AR2209	51.5	3,717		107	AR2209	42	2,906
	65	AR2213	53.00C	3,574		107	AR2213SC	46	2,988
	70	AR2208	42	3,550		107	AR2217	49.5	3,011
	70	AR2209	50.5	3,638		115	AR2209	39	2,696
	70	AR2213SC	50	3,321		115	AR2213SC	42	2,761
	75	AR2208	41	3,395		115	AR2217	45.5	2,793
	75	AR2209	49	3,502	<b>243/303</b> 24" Barrel	75	AR2206	33.5	3,200
	75	AR2213SC	51	3,488		75	AR2208	36	3,200
	80	AR2208	41	3,379		80	AR2206	32.5	3,100
	80	AR2209	47	3,337		80	AR2208	35	3,100
	80	AR2213SC	51	3,358		80	AR2209	40	3,100
	85	AR2208	39	3,235		90	AR2206	30.5	2,900
	85	AR2209	46	3,275		90	AR2208	33	2,900
	85	AR2213SC	49.5	3,291		90	AR2209	38	2,900

(C) = Compressed load

Sequence of numbers is correct in order of decreasing burning rates.

# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>243/303</b>	100	AR2208	32	2,750	<b>25/20 Winchester</b>	60	AR2205	10.2	1,962
24" Barrel (cont)	100	AR2209	37	2,750	24" Barrel	60	AR2207	14.20C	2,101
<b>240 Weatherby Magnum</b>	60	AR2213SC	57	3,488	<b>L 71</b>	AR2205	7	1,346	
26" Barrel	70	AR2208	43	3,800	75	AR2205	9.3	1,741	
	70	AR2209	51	3,800	75	AR2207	12.8	1,877	
	70	AR2213	55.5	3,800	<b>L 85</b>	AR2205	7	1,317	
	75	AR2208	42	3,700	86	AR2205	8.6	1,545	
	75	AR2209	50	3,700	86	AR2207	11.5	1,673	
	75	AR2213	54.5	3,700	<b>256 Winchester Magnum</b>	60	AR2207	18	2,794
	75	AR2213SC	56	3,453	24" Barrel	75	AR2207	16	2,327
	80	AR2208	41.5	3,600		87	AR2207	15	2,192
	80	AR2209	49	3,600	<b>25 Remington</b>	87	AR2207	21	2,500
	80	AR2213	53.5	3,600	20" Barrel	87	AR2206	25	2,500
	80	AR2213SC	56	3,481		87	AR2208	26	2,500
	80	AR2217	59	3,207		100	AR2207	20	2,200
	85	AR2213SC	56	3,460		100	AR2206	24	2,200
	85	AR2217	59	3,167		100	AR2208	26	2,200
	85-87	AR2208	41	3,500		117	AR2207	18.5	2,000
	85-87	AR2209	48.5	3,500		117	AR2206	22.5	2,000
	85-87	AR2213	52.5	3,500		117	AR2208	23.5	2,000
	85-87	AR2214	59	3,500	<b>25/35 Winchester</b>	87	AR2207	22	2,500
	90	AR2209	48	3,450	24" Barrel	87	AR2206	27	2,500
	90	AR2213	52	3,450		87	AR2208	29	2,500
	90	AR2213SC	55	3,394		100	AR2207	21	2,250
	90	AR2217	59	3,140		100	AR2206	26	2,250
	90	AR2214	58.5	3,450		100	AR2208	28	2,250
	100	AR2209	46.5	3,350		117	AR2207	20	2,000
	100	AR2213	51	3,350		117	AR2206	25	2,000
	100	AR2213SC	53	3,202		117	AR2208	27	2,000
	100	AR2217	59	3,122	<b>250 Savage (250-3000)</b>	60	AR2207	33	3,515
	100	AR2214	58	3,350	24" Barrel	60	AR2206	36.5	3,550
	105	AR2213SC	52	3,142		60	AR2208	39	3,550
115-117	AR2213SC	46	2,779		60	AR2209	42	3,394	
115-117	AR2217	58	3,066						

(C) = Compressed load L = Lead Projectile  
Sequence of numbers is correct in order of decreasing burning rates.

# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>250 Savage (250-3000)</b>	75	AR2207	30	3,169	<b>25-308</b>	60	AR2206	45	3,700
24" Barrel (cont)	75	AR2206	34.5	3,200	24" Barrel	60	AR2208	46.5	3,700
	75	AR2208	36	3,200		60	AR2209	51	3,700
	75	AR2209	42	3,222		87	AR2206	41	3,200
	87	AR2206	32	3,000		87	AR2208	42.5	3,200
	87	AR2208	34.5	3,000		87	AR2209	47.5	3,200
	87	AR2209	41	3,063		100	AR2208	40.5	3,000
	87	AR2213	41.5	3,000		100	AR2209	45.5	3,000
	100	AR2206	30.5	2,750		120	AR2209	43.5	2,850
	100	AR2208	33	2,750		120	AR2213	45	2,850
	100	AR2209	40	2,881	<b>25-303</b>	87	AR2206	34	3,050
	100	AR2213	40	2,750	24" Barrel	87	AR2208	37	3,050
	100	AR2213SC	42	2,890		87	AR2209	41	3,050
	117	AR2208	31.5	2,500		100	AR2206	31	2,850
	117	AR2213	38.5	2,500		100	AR2208	33.5	2,850
	117	AR2209	38	2,654		100	AR2209	38	2,850
	117	AR2213SC	42	2,789		100	AR2213	40	2,850
	125	AR2209	37	2,619		117	AR2206	28	2,700
	125	AR2213SC	41	2,736		117	AR2208	31	2,700
<b>25/303</b>	87	AR2206	33	3,000		117	AR2209	36	2,700
<b>(Improved P14 Action)</b>	87	AR2208	35	3,000		117	AR2213	39	2,700
24" Barrel	87	AR2209	38.5	3,000	<b>257/303 (P14 Action)</b>	87	AR2206	34	3,100
	87	AR2213	42	3,000	24" Barrel	87	AR2208	37	3,100
	100	AR2206	32	2,800		87	AR2209	40	3,100
	100	AR2208	34	2,800		100	AR2206	31	2,900
	100	AR2209	37.5	2,800		100	AR2208	36	2,900
	100	AR2213	40	2,800		100	AR2209	39.5	2,900
	117-120	AR2206	31	2,600		117-120	AR2206	28	2,700
	117-120	AR2208	33	2,600		117-120	AR2208	33	2,700
	117-120	AR2209	36.5	2,600		117-120	AR2209	36.5	2,700
	117-120	AR2213	39	2,600		117-120	AR2213	40	2,700
<b>250 Savage</b>	87	AR2209	42	3,300					
<b>(Ackley Improved)</b>	100	AR2209	41	3,050	<b>257 Roberts</b>	60	AR2209	51	3,612
24" Barrel	120	AR2209	40	2,750	24" Barrel	60	AR2213SC	53	3,382

(C) = Compressed load

Sequence of numbers is correct in order of decreasing burning rates.

# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>257 Roberts</b> 24" Barrel (cont)	75	AR2208	41	3,453	<b>25/06 Remington</b> 24" Barrel	87	AR2209	50	3,400
	75	AR2209	50	3,422		87	AR2213SC	57	3,544
	75	AR2213SC	53	3,307		100	AR2209	48	3,129
	87-90	AR2208	40	3,269		100	AR2213SC	54	3,369
	87-90	AR2209	46	3,040		117	AR2213SC	52	3,025
	87-90	AR2213SC	52	3,236		120	AR2209	44	2,916
	100	AR2208	38	2,981		120	AR2213SC	49	2,978
	100	AR2209	45	2,970		125	AR2209	43	2,870
	100	AR2213SC	49	3,010		125	AR2213SC	48	2,911
	117-120	AR2208	35	2,701		75	AR2208	49.7	3,660
	117-120	AR2209	43	2,777		75	AR2209	58.5	3,700
<b>257 Roberts Improved</b> 24" Barrel	117-120	AR2213SC	46	2,760		75	AR2213SC	62.00C	3,599
	125	AR2208	33.5	2,523		75	AR2217	62.0C	3,359
	125	AR2209	43	2,680		85	AR2208	46.5	3,449
	125	AR2213SC	45	2,677		85	AR2209	53	3,445
	60	AR2206	49	3,650		85	AR2213SC	58	3,473
	60	AR2208	50	3,650		87	AR2208	46	3,382
	60	AR2209	53.5	3,650		87	AR2209	54.5	3,409
	75	AR2206	48	3,500		87	AR2213SC	60	3,421
	75	AR2208	49	3,500		87	AR2217	62	3,296
	75	AR2209	52.5	3,500		90	AR2208	45	3,312
	75	AR2213	55	3,500		90	AR2209	53	3,370
	87-90	AR2206	45.5	3,300		90	AR2213SC	58	3,481
<b>25/284</b> 26" Barrel	87-90	AR2208	46.5	3,300		100	AR2209	51	3,210
	87-90	AR2209	51	3,300		100	AR2213SC	54.3	3,172
	87-90	AR2213	53.5	3,300		100	AR2217	61	3,245
	100	AR2206	42	3,100		117	AR2209	47.7	2,923
	100	AR2208	43.5	3,100		117	AR2213SC	52	2,937
	100	AR2209	48	3,100		117	AR2214	57	3,050
	100	AR2213	51	3,100		117	AR2217	58.5C	3,046
	117-120	AR2208	41.5	2,900		120	AR2209	47.5	2,816
	117-120	AR2209	46	2,900		120	AR2213SC	51.5	2,856
	117-120	AR2213	49	2,900		120	AR2214	56	3,000
	75	AR2209	52	3,640		120	AR2217	55.5	2,902
	75	AR2213SC	58	3,604					

(C) = Compressed load

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# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>25/06 Remington</b>	125	AR2213SC	49	2,770		100	AR2209	40	2,450
24" Barrel (cont)	125	AR2217	56	2,894		120-125	AR2206	31	2,300
<b>.257 Weatherby Magnum</b>	75	AR2209	65	3,714		120-125	AR2208	33.5	2,300
26" Barrel	75	AR2213SC	73	3,849		120-125	AR2209	38	2,300
	87	AR2209	63	3,550		129-130	AR2206	30	2,250
	87	AR2213SC	72	3,713		129-130	AR2208	32.5	2,250
	100	AR2209	62	3,319		129-130	AR2209	37	2,250
	100	AR2213SC	68	3,436		139-140	AR2206	29	2,150
	117	AR2209	60	3,144		139-140	AR2208	31.5	2,150
	117	AR2213SC	66	3,282		139-140	AR2209	36	2,150
	120	AR2213SC	65	3,220		160	AR2206	27	2,000
<b>6.5mm Japanese (6.5mm x 50 Arisaka)</b>	85	AR2206	34	2,600		160	AR2208	29.5	2,000
19" Barrel	85	AR2208	36	2,600		160	AR2209	34	2,000
	100	AR2206	33	2,500		160	AR2213SC	39	2,086
	100	AR2208	34.5	2,500	<b>6.5mm x 54 (Mannlicher-Schoenauer)</b>	100	AR2206	38	2,800
	100	AR2209	39.5	2,500	18" Barrel	100	AR2208	40	2,800
	120	AR2206	31.5	2,400		120	AR2206	36.5	2,700
	120	AR2208	33	2,400		120	AR2208	38.5	2,700
	120	AR2209	38	2,400		120	AR2209	42.5	2,700
	120	AR2213	40	2,400		129-130	AR2206	35.5	2,500
	129-130	AR2208	32	2,300		129-130	AR2208	37.5	2,500
	129-130	AR2209	37	2,300		129-130	AR2209	41.5	2,500
	129-130	AR2213	39	2,300		140	AR2206	33.5	2,350
	140	AR2208	31	2,200		140	AR2208	35.5	2,350
	140	AR2209	36	2,200		140	AR2209	39.5	2,350
	140	AR2213	38	2,200		160	AR2206	31.5	2,100
	180	AR2208	30	2,050		160	AR2208	33.5	2,100
	180	AR2209	35	2,050		160	AR2209	37.5	2,100
	180	AR2213	37	2,050		160	AR2213	39	2,100
<b>6.5mm x 52 Mannlicher-Carcano</b>	85	AR2206	34	2,600	<b>6.5mm x 53R</b>	120	AR2206	33	2,500
21" Barrel	85	AR2208	37	2,600	25 1/2" Barrel	120	AR2208	35	2,500
	100	AR2206	33	2,450		140	AR2206	30	2,200
	100	AR2208	35	2,450		140	AR2208	32	2,200

(C) = Compressed load

Sequence of numbers is correct in order of decreasing burning rates.

# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>6.5mm x 53R</b> <b>(Dutch Mannlicher)</b> 25 1/2" Barrel (cont)	155	AR2206	32	2,350	<b>6.5mm x 54</b> <b>Mauser</b> 20" Barrel	160	AR2217	50.00C	2,595
	155	AR2208	35	2,350		120-125	AR2206	33	2,500
	160	AR2206	31.5	2,300		120-125	AR2208	35	2,500
	160	AR2208	34.5	2,300		140	AR2206	30	2,200
<b>260 Remington</b> 24" Barrel	95	AR2206	39.5	3,225		140	AR2208	32	2,200
	95	AR2208	42	3,245	<b>6.5mm Swedish</b> <b>(6.5mm x 55)</b> 24" Barrel	85	AR2206	43	3,250
	95	AR2209	49.7	3,285		85	AR2208	44	3,295
	100	AR2206	37	3,055		85	AR2209	52.00C	3,283
	100	AR2208	39.5	3,030		100	AR2208	42	3,177
	100	AR2209	45	3,075		100	AR2209	50.00C	3,172
	100	AR2213SC	48.8C	3,055		100	AR2213SC	51.00C	2,883
	107	AR2206	39.5	3,055		120	AR2208	39	2,785
	107	AR2208	41.5	3,125		120	AR2209	46	2,840
	107	AR2209	49	3,165		120	AR2213SC	49.5C	2,802
	107	AR2213SC	51.0C	3,027		120	AR2217	52	2,787
	120	AR2206	37	2,795		120	AR2214	50.00C	2,600
	120	AR2208	39	2,880		129	AR2208	37.5	2,664
	120	AR2209	46.5	2,960		129	AR2209	45.5	2,703
	120	AR2213SC	50.0C	2,955		129	AR2213SC	48.50C	2,689
	120	AR2217	51.00C	2,815		129	AR2217	52	2,707
	125	AR2206	36.2	2,735		140	AR2208	35.5	2,490
	125	AR2208	37.5	2,785		140	AR2209	42	2,590
	125	AR2209	44.3	2,865		140	AR2213SC	47.0	2,586
	125	AR2213SC	48.00C	2,862		140	AR2217	51.5C	2,651
	125	AR2217	51.00C	2,821		140	AR2214	49.50C	2,620
	140	AR2206	33.5	2,510	<b>6.5mm/06</b> <b>(.256 Newton)</b> 24" Barrel	160	AR2208	36	2,354
	140	AR2208	36	2,575		160	AR2209	43	2,450
	140	AR2209	42	2,675		160	AR2213SC	48.0C	2,524
	140	AR2213SC	45.7	2,686		160	AR2217	50.00C	2,517
	140	AR2217	50.5	2,730		160	AR2208	36	2,354
	142	AR2206	35.4	2,590		160	AR2209	43	2,450
	142	AR2208	37.5	2,645		160	AR2213SC	48.0C	2,524
	142	AR2209	44.5	2,735		160	AR2217	50.00C	2,517
	142	AR2213SC	48.0C	2,747		160	AR2208	36	2,354
	160	AR2209	43	2,540		160	AR2209	43	2,450
	160	AR2213SC	46	2,540		160	AR2213SC	48.0C	2,524

(C) = Compressed load

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# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>6.5mm/06 (.256 Newton) 24" Barrel (cont)</b>	120	AR2209	53.5	3,250	<b>6.5mm x 68 Schuler 25" Barrel</b>	160	AR2213SC	57	2,886
	120	AR2213	57.5	3,250		160	AR2217	65	2,860
	140	AR2208	45.5	3,100		85	AR2209	65	3,700
	140	AR2209	51	3,100		85	AR2213	72	3,700
	140	AR2213	55	3,100		85	AR2213SC	73	3,705
	140	AR2214	61	3,100		100	AR2213	70	3,550
	160	AR2209	48.5	2,900		100	AR2213SC	71	3,547
	160	AR2213	52.5	2,900		120	AR2213	67	3,300
	160	AR2214	58.5	2,900		120	AR2213SC	68	3,309
	85	AR2209	57	3,564		140	AR2213	62	3,000
<b>6.5mm Remington Magnum 26" Barrel</b>	85	AR2213SC	61	3,570		140	AR2213SC	63	2,993
	100	AR2209	55	3,327	<b>270/303 24" Barrel</b>	100	AR2206	35	2,750
	100	AR2213SC	60	3,416		100	AR2208	39	2,750
	120	AR2209	52	3,080		100	AR2209	44	2,750
	120	AR2213SC	59	3,286		130	AR2206	33	2,500
	129	AR2209	51	2,994		130	AR2208	36.5	2,500
	129	AR2213SC	58	3,155		130	AR2209	42.5	2,500
	140	AR2209	49	2,780		150	AR2208	33.5	2,350
	140	AR2213SC	54	2,943		150	AR2209	40	2,350
	85	AR2209	61	3,669	<b>270 Winchester 24" Barrel</b>	90	AR2208	55	3,596
<b>264 Winchester Magnum 24" Barrel</b>	85	AR2213SC	73	3,812		90	AR2209	62C	3,603
	100	AR2209	59	3,570		100	AR2208	52	3,397
	100	AR2213SC	71	3,680		100	AR2209	59.4	3,401
	100	AR2217	77	3,428		110	AR2208	48.7	3,248
	120	AR2209	57	3,190		110	AR2209	57	3,267
	120	AR2213SC	65	3,369		110	AR2213SC	62C	3,214
	120	AR2217	72	3,185		120	AR2208	47	3,010
	129	AR2209	56	3,177		120	AR2209	55	3,069
	129	AR2213SC	65	3,206		120	AR2213SC	62C	3,112
	129	AR2217	71	3,187		130	AR2208	46	2,931
<b>17HMR</b>	140	AR2209	53	2,965		130	AR2209	54.3	3,012
	140	AR2213SC	61	3,065		130	AR2213SC	60.00C	3,019
	140	AR2217	68	3,019		130	AR2217	64C	3,025
	160	AR2209	50	2,686					

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# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>270 Winchester</b> 24" Barrel (cont)	135	AR2208	45	2,902	<b>7-30 Waters</b> 24" Barrel	120	AR2209	41	2,724
	135	AR2209	53.5	2,994		120	AR2213SC	41	2,561
	135	AR2213SC	59.5C	3,010		139	AR2209	38	2,418
	140	AR2208	43.7	2,772		139	AR2213SC	39	2,384
	140	AR2209	52	2,870		154	AR2209	37	2,308
	140	AR2213SC	58C	2,888		154	AR2213SC	37	2,161
	140	AR2217	63C	2,979		100	AR2208	45.7	3,277
	150	AR2209	49	2,724		115	AR2208	46.3	3,216
	150	AR2213SC	55.7	2,804		120	AR2208	45	3,117
	150	AR2217	59C	2,831		120	AR2209	50.00C	3,039
	160	AR2209	49	2,646		130	AR2208	43.5	3,004
	160	AR2213SC	54	2,673		130	AR2209	50.00C	2,998
	160	AR2217	59C	2,765		139	AR2208	43.5	2,877
	180	AR2213SC	50.5	2,501		139	AR2209	50.00C	2,906
	180	AR2217	54	2,540		140	AR2208	42.2	2,819
<b>270 Weatherby Magnum</b> 26" Barrel	90	AR2209	70	3,631		140	AR2209	48.00C	2,868
	90	AR2213SC	78	3,631		145	AR2208	41.5	2,745
	90	AR2217	81	3,269		145	AR2209	48.00C	2,801
	100	AR2209	69	3,509		150	AR2208	41.3	2,731
	100	AR2213SC	77	3,666		150	AR2209	48.50C	2,823
	100	AR2217	81	3,287		154	AR2208	41.2	2,666
	110	AR2213SC	76	3,482		154	AR2209	48.00C	2,743
	110	AR2217	81	3,242		154	AR2213SC	49.50C	2,625
	130	AR2209	66	3,262		160	AR2208	39	2,562
	130	AR2213SC	70	3,205		160	AR2209	46	2,665
	130	AR2217	81	3,259		160	AR2213SC	49.50C	2,627
	140	AR2209	64	3,140		162	AR2208	41	2,644
	140	AR2213SC	68	3,112		162	AR2209	48.00C	2,714
	140	AR2217	80	3,145		162	AR2213SC	48.50C	2,555
	150	AR2209	63	2,986		168	AR2208	40	2,540
	150	AR2213SC	68	3,057		168	AR2209	47.20C	2,637
	150	AR2217	79	3,132		168	AR2213SC	49.00C	2,545
	160	AR2209	61	2,738					
	160	AR2213SC	65	2,901					
	160	AR2217	78	3,051					

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# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
7mm-08 Remington 24" Barrel (cont)	175	AR2208	37.5	2,344	280 Remington (7mm Remington Express) 24" Barrel	100	AR2208	51.3	3,433
	175	AR2209	45.00C	2,491		100	AR2209	60.5	3,379
	175	AR2213SC	49.00C	2,516		100	AR2213SC	63.0C	3,266
7mm Shooting Times Eastener (7mm STE) 22" Barrel	120	AR2206	39.5	2,900		115	AR2208	49.0	3,170
	120	AR2208	42	2,900		115	AR2209	58.5	3,234
	120	AR2209	49	2,873		115	AR2213SC	62.0C	3,190
	139	AR2209	48	2,676		120	AR2208	47.2	3,032
7mm Mauser (7mm x 57) 24" Barrel	100	AR2208	48	3,250		120	AR2209	56.0	3,114
	100	AR2209	54.00C	3,166		120	AR2213SC	62.0C	3,112
	110	AR2208	45.5	3,081		130	AR2208	45.5	2,890
	110	AR2209	54.00C	3,046		130	AR2209	53.2	2,939
	120	AR2208	44	2,979		130	AR2213SC	59.0C	3,001
	120	AR2209	51.00C	2,945		140	AR2208	45.5	2,838
	120	AR2213SC	52.50C	2,777		140	AR2209	53.5	2,918
	130	AR2208	42	2,800		140	AR2213SC	58.5	2,927
	130	AR2209	50	2,848		145	AR2208	43.0	2,690
	140	AR2208	37.7	2,516		145	AR2209	48.8	2,714
	140	AR2209	46.5	2,682		145	AR2213SC	53.0	2,727
	140	AR2213SC	49.50C	2,719		150	AR2208	42.0	2,611
	150	AR2208	36	2,372		150	AR2209	53.7	2,709
	150	AR2209	44	2,513		150	AR2213SC	60.0C	2,797
	150	AR2213SC	48	2,542		160	AR2208	42.5	2,555
	160	AR2208	35	2,261		160	AR2209	49.5	2,610
	160	AR2209	42.5	2,399		160	AR2213SC	55.0	2,660
	160	AR2213SC	46	2,415		162	AR2208	42.0	2,573
	168	AR2208	37.5	2,404		162	AR2209	49.5	2,614
	168	AR2209	42.5	2,378		162	AR2213SC	54.5	2,644
	168	AR2213SC	46	2,393		168	AR2208	42.2	2,523
	168	AR2217	52.00C	2,485		168	AR2209	50.0	2,586
	175	AR2208	35	2,178		168	AR2213SC	54.5	2,605
	175	AR2209	37	2,159		175	AR2209	46.5	2,447
	175	AR2213SC	40	2,201		175	AR2213SC	51.0	2,477
	175	AR2217	44.5	2,239					

(C) = Compressed load

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# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>284 Winchester</b>	100	AR2209	57	3,169	<b>7 mm Remington</b>	100	AR2208	59	3,487
24" Barrel	100	AR2213SC	59	3,090	<b>Magnum</b>	100	AR2209	69	3,494
	115-120	AR2209	56	3,090	24" Barrel	100	AR2213SC	75	3,499
	115-120	AR2213SC	59	3,036		110	AR2208	58.5	3,356
	125-130	AR2209	55	3,030		110	AR2209	68.5	3,357
	125-130	AR2213SC	58	3,013		110	AR2213SC	73	3,367
	139-140	AR2209	54	2,957		120	AR2208	57	3,218
	139-140	AR2213SC	58	2,954		120	AR2209	65	3,226
	145-150	AR2209	53	2,869		120	AR2213SC	68.5	3,236
	145-150	AR2213SC	57	2,893		130	AR2208	54	2,998
	154-160	AR2209	52	2,754		130	AR2209	61.5	3,082
	154-160	AR2213SC	57	2,803		130	AR2213SC	66	3,051
	168	AR2209	51	2,692		140	AR2209	59	2,927
	168	AR2213SC	54	2,690		140	AR2213SC	64	2,950
	175	AR2209	50	2,597		140	AR2217	70	3,036
	175	AR2213SC	54	2,630		150	AR2209	57	2,859
	195	AR2209	46	2,380		150	AR2213SC	62	2,986
	195	AR2213SC	50	2,414		150	AR2217	68	2,936
<b>7mm x 61</b>	120	AR2206	54.5	3,250		160	AR2209	55.5	2,745
<b>Sharp &amp; Hart</b>	120	AR2208	57.5	3,250		160	AR2213SC	60	2,787
24" Barrel	120	AR2209	64	3,250		160	AR2217	66	2,839
	139-140	AR2206	53	3,100		162	AR2209	58	2,799
	139-140	AR2208	56	3,100		162	AR2213SC	64	2,871
	139-140	AR2209	62.5	3,100		162	AR2217	70	2,905
	150	AR2206	52	3,000		170	AR2209	60	2,767
	150	AR2208	55	3,000		170	AR2213SC	65	2,806
	150	AR2209	61.5	3,000		170	AR2217	71	2,806
	150	AR2213	63	3,000		175	AR2209	54	2,617
	160-162	AR2206	51	2,800		175	AR2213SC	58	2,660
	160-162	AR2208	54	2,800		175	AR2217	64.5	2,692
	160-162	AR2209	60.5	2,800	<b>7 mm Weatherby</b>	140	AR2209	68.5	3,248
	160-162	AR2213	62	2,800	<b>Magnum</b>	140	AR2213SC	74	3,258
	175	AR2208	52	2,700	24" Barrel	140	AR2217	79.00C	3,273
	175	AR2209	59	2,700					
	175	AR2213	60.5	2,700					

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# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>7 mm Weatherby Magnum 24" Barrel (cont)</b>	150	AR2209	68	3,180	<b>30/30 Winchester 24" Barrel</b>	100	AR2207	15	1,850
	150	AR2213SC	72	3,152		110	AR2205	13.5	1,800
	150	AR2217	79.00C	3,225		110	AR2207	14.5	1,800
	160	AR2209	65	2,950		110	AR2207	25.5	2,409
	160	AR2213SC	70	2,971		110	AR2208	38.0C	2,572
	160	AR2217	75.00C	2,994		130	AR2207	24.5	2,234
	175	AR2209	63.7	2,899		130	AR2208	36.0C	2,496
	175	AR2213SC	67.5	2,895		150	AR2207	24.0	2,110
	175	AR2217	74.70C	3,022		150	AR2208	34.5	2,349
	120	AR2209	73	3,350		170	AR2207	22.5	1,918
<b>7 mm Shooting Times Westerner 24" Barrel</b>	120	AR2213SC	78.5	3,348		170	AR2208	33.0	2,168
	120	AR2217	86	3,405	<b>30/40 Krag 24" Barrel</b>	100	AR2205	16	1,706
	139	AR2209	71	3,183		100	AR2207	34	2,886
	139	AR2213SC	76.5	3,181		110	AR2207	34	2,804
	139	AR2217	85.5	3,284		110	AR2209	51	2,492
	145	AR2213SC	72	3,063		130	AR2207	33	2,565
	145	AR2217	77	3,120		130	AR2209	51	2,535
	150	AR2213SC	68	2,923		150	AR2207	32	2,366
	150	AR2217	72.5	2,982		150	AR2209	49	2,388
	150	AR2218	84.00C	3,027		150	AR2213SC	49	2,306
<b>7.35mm Carcano (1938) 21" Barrel</b>	160	AR2213SC	74	3,037		165	AR2209	48	2,242
	160	AR2217	80.7	3,084		180	AR2209	46	2,110
	160	AR2218	90.00C	2,970		200	AR2209	44	2,018
	175	AR2217	74	2,944		220-225	AR2209	42	1,947
	175	AR2218	89.00C	2,973	<b>300 Savage 22" Barrel</b>	100	AR2207	35.5	2,900
	195	AR2218	88.00C	2,880		100	AR2206	39.5	2,900
	128	AR2207	33	2,500		100	AR2208	42	2,900
	128	AR2206	37	2,500		110	AR2207	35	2,700
	128	AR2208	41	2,500		110	AR2206	37.5	2,700
	150	AR2206	35	2,450		110	AR2208	41	2,700
	150	AR2208	39	2,450		130	AR2207	34	2,550
<b>30 M1 Carbine 18" Barrel</b>	93	AR2205	14.5	1,900		130	AR2206	36.5	2,550
	93	AR2207	15.5	1,900		130	AR2208	40	2,550
	100	AR2205	14	1,850					

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# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>300 Savage</b> 22" Barrel (cont)	150	AR2207	32.5	2,400	<b>308 Winchester</b> <b>(7.62mm)</b> 24" Barrel	200	AR2206	38	2,300
	150	AR2206	35	2,400		200	AR2208	39	2,300
	150	AR2208	38.5	2,400		200	AR2209	46	2,300
	165	AR2206	33	2,250		200	AR2213SC	46	2,207
	165	AR2208	36.5	2,250		110	AR2207	40	3,168
	180	AR2206	31.5	2,100		110	AR2208	50C	3,237
	180	AR2208	35.5	2,100		125	AR2207	39.5	2,988
	200	AR2206	29	2,000		125	AR2208	50C	3,135
	200	AR2208	33.5	2,000		130	AR2206	47.50C	3,025
	125	AR2209	51	2,839		130	AR2208	48.00C	2,985
<b>7.5mm x 55 Swiss</b> 31" Barrel	125	AR2213SC	52	2,811		144	AR2206	45	2,890
	150	AR2209	49	2,610		144	AR2208	47.00C	2,890
	150	AR2213SC	51	2,659		150	AR2208	47.0C	2,937
	165-168	AR2209	48	2,524		155	BM2	43.5	2,750
	165-168	AR2213SC	49	2,578		155	AR2206	44.5	2,825
	180	AR2209	46	2,566		155	AR2208	46.5	2,835
	180	AR2213SC	47	2,424		168	BM2	43.5	2,695
	110	AR2206	44	2,800		168	AR2206	43.7	2,705
	110	AR2208	48	2,800		168	AR2208	45.5	2,730
	110	AR2209	50	2,600		168	AR2209	47.00C	2,425
<b>307 Winchester</b> 24" Barrel	110	AR2213SC	50	2,451		175	AR2206	41.5	2,590
	130	AR2206	43	2,700		175	AR2208	43.5	2,600
	130	AR2208	45	2,700		190	AR2208	42	2,520
	130	AR2209	49	2,700		190	AR2209	48.00C	2,470
	130	AR2213SC	50	2,400	<b>7.62mm x 54R</b> <b>(Russian)</b> 24" Barrel	110	AR2206	50	3,100
	150	AR2206	41	2,500		110	AR2208	53	3,100
	150	AR2208	44	2,500		110	AR2209	61	3,100
	150	AR2209	48	2,500		130	AR2206	48	2,900
	150	AR2213SC	49	2,349		130	AR2208	51	2,900
	170	AR2206	39	2,400		130	AR2209	58.5	2,900
	170	AR2208	42	2,400		150	AR2206	46	2,700
	170	AR2209	47	2,400		150	AR2208	49	2,700
	170	AR2213SC	47	2,290		150	AR2209	56.5	2,700
	180	AR2213SC	47	2,289					

(C) = Compressed load

Sequence of numbers is correct in order of decreasing burning rates.

# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>7.62mm x 54R (Russian) 24" Barrel (cont)</b>	165	AR2206	44	2,550	<b>30-06 Improved 24" Barrel</b>	200	AR2213SC	57.5C	2,577
	165	AR2208	47	2,550		220	AR2208	45	2,382
	165	AR2209	54.5	2,550		220	AR2209	53	2,435
	180	AR2206	42.5	2,400		220	AR2213SC	57.5C	2,458
	180	AR2208	45.5	2,400		250	AR2209	47.5	2,156
	180	AR2209	53	2,400		250	AR2213SC	52.5C	2,237
	200	AR2208	43.5	2,250		130	AR2209	65	3,250
	200	AR2209	50.5	2,250		130	AR2213	70	3,250
	200	AR2213	53	2,250		150	AR2209	62.5	3,100
	220	AR2208	41.5	2,100		150	AR2213	67	3,100
<b>30-06 Springfield 24" Barrel</b>	220	AR2209	48.5	2,100		165	AR2209	59.5	3,000
	220	AR2213	51	2,100		165	AR2213	63.5	3,000
	110	AR2208	59.0	3,452		180	AR2209	58	2,900
	125	AR2208	57.2	3,267		180	AR2213	62	2,900
	130	AR2208	53.5	3,154		200	AR2209	56	2,750
	150	AR2208	51.0	2,975		200	AR2213	60	2,750
	150	AR2209	62.0C	3,068	<b>300 Holland &amp; Holland Magnum 24" Barrel</b>	110	AR2209	73	3,550
	155	AR2208	50.7	2,958		110	AR2213SC	83	3,611
	155	AR2209	62.0C	3,038		125-130	AR2209	72	3,394
	165	AR2206	50.0	2,840		125-130	AR2213SC	81	3,362
	165	AR2208	52.0	2,865		150	AR2209	71	3,202
	165	AR2209	59.0C	2,835		150	AR2213SC	78	3,313
	165	AR2213	60.0C	2,825		165	AR2209	69	3,164
	168	AR2208	50.5	2,859		165	AR2213SC	77	3,099
	168	AR2209	59.0	2,897		200	AR2209	66	2,909
	180	AR2208	46.5	2,608		200	AR2213SC	72	2,932
<b>190</b>	180	AR2209	57.5	2,798		220-225	AR2209	64	2,717
	180	AR2213SC	60.0	2,710		220-225	AR2213SC	70	2,714
	190	AR2208	46.5	2,608		250	AR2209	62	2,493
	190	AR2209	56.5	2,692		250	AR2213SC	67	2,563
	190	AR2213SC	61.0C	2,668	<b>308 Norma Magnum 24" Barrel</b>	110	AR2209	77	3,506
	200	AR2208	45.5	2,501		110	AR2213SC	80	3,563
	200	AR2209	53.0	2,544					

(C) = Compressed load

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# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>308 Norma Magnum</b>	130	AR2209	74	3,292		150	AR2213SC	78	3,207
24" Barrel (cont)	130	AR2213SC	79	3,302		150	AR2217	85C	3,255
	130	AR2217	84	3,333		155	AR2208	59.70	3,090
	150	AR2209	73	3,180		155	AR2209	74	3,215
	150	AR2213SC	76	3,258		155	AR2213SC	79C	3,166
	150	AR2217	83	3,279		155	AR2217	85C	3,160
	168	AR2213SC	75	3,140		165	AR2208	58.5	3,000
	168	AR2217	79	3,123		165	AR2209	70	3,042
	180	AR2209	69	3,000		165	AR2213SC	75.5	3,055
	180	AR2213SC	73	3,022		165	AR2217	84	3,207
	180	AR2217	76	2,940		168	AR2208	58.2	2,964
	190	AR2217	74	2,891		168	AR2209	70	3,034
	200	AR2209	67	2,850		168	AR2213SC	75.5	3,023
	200	AR2213SC	70	2,889		180	AR2209	67	2,918
	200	AR2217	73	2,859		180	AR2213SC	73C	2,966
	220	AR2209	65	2,700		180	AR2217	81C	3,042
	220	AR2213SC	68	2,697		190	AR2209	67	2,863
	220	AR2217	70	2,672		190	AR2213SC	73C	2,937
	250	AR2217	68	2,501		190	AR2217	81C	2,990
<b>300 Winchester Magnum</b>	110	AR2208	72.5	3,660		200	AR2209	66	2,753
26" Barrel	110	AR2209	79	3,610		200	AR2213SC	72	2,814
	110	AR2213SC	84C	3,540		200	AR2217	79C	2,883
	110	AR2217	85C	3,392		220	AR2209	65	2,622
	125	AR2208	70	3,462		220	AR2213SC	71	2,693
	125	AR2209	73	3,424		220	AR2217	78	2,750
	125	AR2213SC	80	3,347		250	AR2213	64	2,434
	125	AR2217	85C	3,418		250	AR2217	70	2,484
	130	AR2206	57	3,250	<b>300 Weatherby Magnum</b>	125	AR2208	69	3,492
	130	AR2208	68.5	3,398	26" Barrel	125	AR2209	82.5	3,545
	130	AR2209	74	3,250		125	AR2213SC	90C	3,590
	130	AR2213	82C	3,383		150	AR2208	63	3,142
	150	AR2208	60	3,108		150	AR2209	72.5	3,156
	150	AR2209	72	3,205		150	AR2213SC	79	3,168
						150	AR2217	88C	3,264

(C) = Compressed load

Sequence of numbers is correct in order of decreasing burning rates.

# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>300 Weatherby Magnum</b>	165	AR2208	62	3,000		190	AR2218	105.00C	3,085
26" Barrel (cont)	165	AR2209	74	3,074		200	AR2217	83	2,850
	165	AR2213SC	80	3,113		200	AR2218	98.00C	2,910
	165	AR2217	89.7C	3,216		220	AR2217	89	2,865
	180	AR2209	73.5	3,022		220	AR2218	100.50C	2,850
	180	AR2213SC	81.5	3,096					
	180	AR2217	88.5C	3,152	<b>7.62mm x 39 (Russian)</b>	122-125	AR2207	26.5	2,378
	200	AR2209	71	2,866		150	AR2207	24.5	2,122
	200	AR2213SC	77.5	2,869					
	200	AR2217	85C	2,963	<b>310 Cadet (Martini Action)</b>	L 110	AR2205	11	1,500
	220	AR2209	70	2,725		120	AR2205	9	1,270
	220	AR2213SC	75.7	2,766					
	220	AR2217	82.5	2,833	<b>Jacketted</b>				
<b>30-378 Weatherby</b>	150	AR2213SC	104	3,555	<b>32-20 WCF</b>	80	AR2205	16	2,150
26" Barrel	150	AR2217	114	3,598		100	AR2205	14	1,950
	165	AR2213SC	100.5	3,391		L 115	AP-70N	4	1,260
	165	AR2217	112	3,495		115	AR2205	13	1,800
	180	AR2213SC	100	3,301					
	180	AR2217	111	3,412	<b>Jacketted</b>	L 125	AP-70N	3.7	1,225
	180	AR2218	120.00C	3,229	<b>7.7mm x 58 Japanese</b>	150	AR2206	42.5	2,500
	190	AR2217	108	3,316	26" Barrel	150	AR2208	46	2,500
	190	AR2218	120.00C	3,243		150	AR2209	51	2,514
	200	AR2218	117.00C	3,227		150	AR2213SC	55	2,445
	220	AR2217	104	3,084		180	AR2206	39	2,250
	220	AR2218	118.50C	3,145		180	AR2208	42.5	2,250
						180	AR2209	47	2,309
<b>300 Remington Ultra Mag</b>	150	AR2213SC	94	3,410		180	AR2213SC	50	2,233
24" Barrel	150	AR2217	102	3,455	<b>303 British</b>	125	BM2	44	2,920
	165	AR2213SC	90	3,255		125	AR2206	46.00C	2,880
	165	AR2217	98	3,320		125	AR2208	47.00C	2,925
	180	AR2213SC	89	3,165		150	BM2	40.4	2,645
	180	AR2217	96	3,220		150	AR2206	43	2,700
	180	AR2218	108.00C	3,160		150	AR2208	43.4	2,710
	190	AR2213SC	85	3,070		150	AR2213SC	49	2,295
	190	AR2217	93	3,130					

(C) = Compressed load L = Lead Projectile

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# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>303 British</b> 24" Barrel (cont)	174	AR2206	39	2,515	<b>8mm x 68 Schuler</b> 26" Barrel	175	AR2206	48.5	2,800
	174	AR2208	41	2,520		175	AR2208	52	2,800
	174	AR2209	47.00C	2,450		220	AR2209	52	2,400
	180	AR2206	40	2,445		220	AR2213	56	2,400
	180	AR2208	39.5	2,410		125	AR2209	73	3,300
	180	AR2209	47C	2,435		125	AR2213	77	3,300
	180	AR2213SC	47	2,238		150	AR2209	70	3,100
	215	AR2206	39	2,250		150	AR2213	75	3,100
	215	AR2208	39.5	2,265		170	AR2209	68	2,950
	215	AR2209	45.00C	2,185		170	AR2213	72	2,950
<b>7.65mm x 53</b> <b>(7.65mm Mauser)</b> 29" Barrel	150	AR2206	42	2,565	<b>8mm Remington</b> <b>Magnum</b> 24" Barrel	125	AR2209	83	3,488
	150	AR2208	43.5	2,590		150	AR2209	79	3,272
	150	AR2209	49	2,614		170-175	AR2209	77	3,128
	175	AR2206	36.5	2,325		170-175	AR2213SC	82	3,144
	175	AR2208	38.5	2,350		180-185	AR2209	75	3,007
	175	AR2209	47	2,454		180-185	AR2213SC	80	3,024
	170	AR2207	23	1,900		200	AR2209	73	2,919
	170	AR2206	27	1,900		200	AR2213SC	79	2,932
	170	AR2208	28.5	1,900		220-225	AR2213SC	78	2,871
	170	AR2206	30	1,900		200	AR2209	65	2,710
<b>32 Winchester Special</b> 20" Barrel	170	AR2207	27	2,168		225	AR2209	62	2,744
	170	AR2207	27	2,168		250	AR2209	60	2,569
	170	AR2208	32	1,925		250	AR2213SC	61	2,408
	170	AR2206	19	1,650		275	AR2213SC	59	2,348
	170	AR2206	26	1,825	<b>338-06</b> 24" Barrel	160	AR2208	63	3,150
	196 Hoch	AR2205	13	1,367		160	AR2209	72	3,155
	125	AR2207	42	3,054		160	AR2213SC	78C	3,130
	125	AR2209	54	2,480		175	AR2206	58	2,930
	150	AR2207	41	2,848		175	AR2208	59	2,940
	150	AR2209	54	2,552					
	150	AR2213SC	57	2,452					
	170	AR2209	54	2,507					
	170	AR2213SC	57	2,418					
<b>8mm-06</b> 24" Barrel	150	AR2206	51	3,000					
	150	AR2208	54	3,000					

(C) = Compressed load

Sequence of numbers is correct in order of decreasing burning rates.

# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>338 Winchester Magnum</b> 24" Barrel	175	AR2209	70	3,050	<b>357 Magnum Rifle</b> 20" Barrel	110	AP-70N	8	1,670
	175	AR2213	73.5	3,040		110	AR2205	21	2,233
	175	AR2213SC	76	3,041		125	AP-70N	7.6	1,526
	180	AR2208	63.5	3,087		125	AR2205	20	2,122
	180	AR2209	74.5	3,157		140	AP-70N	7	1,356
	180	AR2213SC	78C	3,067		140	AR2205	18	1,930
	200	AR2208	58.5	2,805		150	AP-70N	6.7	1,323
	200	AR2209	72.5	2,969		150	AR2205	16.5	1,775
	200	AR2213SC	77.50C	2,965		L 158	AP-50N	5.3	1,200
	210	AR2208	58.5	2,784		158	AP-70N	6.3	1,147
	210	AR2209	70	2,855		L 158	AP-70N	6.7	1,380
	210	AR2213SC	75.50C	2,888		L 158	AP-90	7.5	1,415
	225	AR2208	57.5	2,680		158	AR2205	16	1,668
	225	AR2209	69.5	2,785		L 158	AR2205	11.5	1,382
	225	AR2213SC	74.50C	2,792		170	AR2205	14.5	1,535
<b>340 Weatherby Magnum</b> 24" Barrel	250	AR2209	67.5	2,657		180	AR2205	13.7	1,325
	250	AR2213SC	71.50C	2,655	<b>35 Remington</b> 20" Barrel	180	AR2207	32	2,172
	250	AR2217	76C	2,622		180	AR2206	38	2,050
	275	AR2209	63.5	2,447		180	AR2208	40.5	2,196
	275	AR2213SC	69	2,502		200	AR2207	30.5	1,999
	275	AR2217	76C	2,564		200	AR2206	35	1,900
	200	AR2209	80	3,000		200	AR2208	39.5	2,139
	200	AR2213	88	3,000		220-225	AR2207	29	1,867
	200	AR2213SC	90	3,040		220-225	AR2206	34	1,750
	225	AR2209	78	2,850		220-225	AR2208	38	1,998
	225	AR2213	84	2,850	<b>356 Winchester</b> 20" Barrel	180	AR2205	30	2,238
	225	AR2213SC	86	2,889		180	AR2207	43	2,600
	250	AR2209	76	2,700		200	AR2207	40	2,383
	250	AR2213	81	2,700		250	AR2207	37	2,133
	250	AR2213SC	83	2,784	<b>358 Winchester</b> 26" Barrel	180	AR2207	43	2,711
	250	AR2214	90	2,700		200	AR2207	41	2,532
	275	AR2209	74	2,550		220	AR2207	41	2,502
	275	AR2213	78	2,550		250	AR2207	39	2,312
	275	AR2213SC	80	2,569					
	275	AR2214	86	2,550					

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# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>35 Whelen</b> 22" Barrel	180	AR2206	58.5	2,785	<b>9mm x 57 Mauser</b> 24" Barrel	300	AR2209	77	2,633
	180	AR2208	60	2,764		250	AR2206	41.5	2,250
	200	AR2206	55.5	2,675		250	AR2208	45	2,250
	200	AR2208	57	2,653		280	AR2206	45	2,100
	220-225	AR2206	53.5	2,580		280	AR2208	49	2,100
	220-225	AR2208	56	2,588		231-234	AR2206	58	2,600
	250	AR2206	52	2,450		258	AR2206	55.5	2,450
	250	AR2208	55	2,486		258	AR2208	58	2,450
<b>350 Remington Magnum</b> 26" Barrel	180	AR2207	51	2,808		270	AR2206	52	2,300
	180	AR2206	59	2,960		270	AR2208	54.5	2,300
	180	AR2208	62	3,000		270	AR2209	59	2,300
	200	AR2207	48	2,512		285-286	AR2206	51	2,200
	200	AR2206	55	2,780		285-286	AR2208	53.5	2,200
	200	AR2208	60	2,828		285-286	AR2209	58	2,200
	220	AR2207	46	2,423		293	AR2206	50.5	2,150
	220	AR2206	52	2,550		293	AR2208	53	2,150
	220	AR2208	57	2,600		293	AR2209	57.5	2,150
	250	AR2207	42	2,190	<b>9.3mm x 64</b> <b>Brennecke</b> 26" Barrel	231-234	AR2208	68	2,700
<b>358 Norma Magnum</b> 24" Barrel	250	AR2206	51	2,450		231-234	AR2209	73	2,700
	250	AR2208	55	2,600		258	AR2208	66.5	2,500
	250	AR2209	58	2,500		258	AR2209	70.5	2,500
	180	AR2208	66	3,100		285-286	AR2208	63	2,300
	180	AR2209	79	3,100		285-286	AR2209	67.5	2,300
	200	AR2208	65	3,000		293	AR2208	62	2,250
	200	AR2209	78	3,000		293	AR2209	67	2,250
	250	AR2208	63	2,700		293	AR2213	71	2,250
	250	AR2209	75	2,778	<b>38-55 Winchester</b> 24" Barrel	L 250	AR2207	24	1,740
<b>358 Shooting Times</b> <b>Alaskan</b> 24" Barrel	225	AR2209	87	3,119		255	AR2207	28	1,788
	250	AR2209	84	2,933	<b>375 Winchester</b> 24" Barrel	200	AR2207	38.00C	2,480
	250	AR2213SC	90	2,984		220	AR2207	34	2,233
	250	AR2217	90	2,810					
	265	AR2209	83	2,895					
	275	AR2209	81	2,785					

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# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>375 Holland &amp; Holland Magnum 24" Barrel</b>	200	AR2208	76	3,121	<b>44-40 Winchester* 20" Barrel</b>	L 200	AP-70N	7.3	1,069
	210	AR2208	72.5	3,023		L 200	AS-30N	5	924
	235	AR2208	70	2,819		L 200	AR2205	24	1,450
	250	AR2208	66.5	2,642		L 215	AR2205	22	1,380
	250	AR2209	83.00C	2,733		240	AR2205	20	1,370
	270	AR2208	67	2,620					
	270	AR2209	83.00C	2,694					
	300	AR2208	62	2,454					
	300	AR2209	81.50C	2,645					
<b>378 Weatherby Magnum 24" Barrel</b>	235	AR2209	109	3,224	<b>44 Remington Magnum (Rifle Only) <i>Do not use these loads in pistol.</i> 20" Barrel</b>	L 165	AS-30N	5.5	1,147
	235	AR2213SC	117	3,202		L 165	AP-70N	7.2	1,138
	270	AR2209	105	3,091		180	AR2205	29	2,114
	270	AR2213SC	115	3,102		L 185	AP-70N	7.4	1,180
	300	AR2209	100	2,940		L 185	AS-30N	6	1,162
	300	AR2213SC	112	2,926		L 200	AS-30N	6.4	1,172
<b>38-40 26" Barrel</b>	130	AR2205	28	2,000		L 200	AP-70N	7.8	1,209
	180	AR2205	24.5	1,750		200	AR2205	27	1,982
<b>404 Jeffery 26" Barrel</b>	400	AR2206	63	2,100		210	AR2205	27	1,970
	400	AR2208	71	2,100		225	AR2205	25.5	1,897
	400	AR2209	80	2,100		L 240	AS-30N	6.2	1,062
<b>416 Remington Magnum 24" Barrel</b>	350	AR2208	82	2,622		L 240	AP-70N	10.2	1,374
	400	AR2208	77	2,407		240	AR2205	24	1,778
	400	AR2209	88.00C	2,395		270	AR2205	22.5	1,638
<b>416 Weatherby Magnum 24" Barrel</b>	300	AR2209	122	3,051		280	AR2205	22	1,544
	350	AR2209	118	2,891		300	AR2205	20	1,452
	400	AR2209	110	2,687	<b>444 Marlin 24" Barrel</b>	200	AR2207	51.20C	2,566
	400	AR2213SC	120	2,703		225	AR2207	46.9	2,361
<b>416 Rigby 24" Barrel</b>	400	AR2217	120	2,419		240	AR2207	49.20C	2,499
	350	AR2209	102	2,518		260	AR2207	45.5	2,194
	400	AR2209	100	2,414		265	AR2207	47	2,273
	400	AR2213SC	106	2,422		270	AR2207	46.5	2,261
	400	AR2217	110	2,409					

(C) = Compressed load L = Lead Projectile

Sequence of numbers is correct in order of decreasing burning rates.

# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>444 Marlin</b>	275	AR2207	44.5	2,172					
24" Barrel (cont)					L 485	AR2207		32	1,434
	280	AR2207	42.5	2,108	<b>45-90 Winchester</b>	300	AR2207	36.5	1,500
	280	AR2208	52.00C	2,025	24" Barrel	400	AR2207	30.5	1,350
	300	AR2207	42.5	2,082	<b>577/450 Martini Henry</b>	L 400	AR2207	37	1,300
	300	AR2208	50.00C	1,914	24" Barrel				
<b>45/70 Government</b>	300	AR2207	60	2,424	<b>450 Nitro Express</b>	500	AR2208	84	2,150
<b>Lever Actions</b>	350	AR2207	54	2,191	24" Barrel	500	AR2209	100	2,150
24" Barrel	350	AR2208	60.00C	2,013	<b>458 Winchester</b>	300	AR2207	77.00C	2,784
<i>*This data is intended for the 1895 lever action Marlin rifles only.</i>	400	AR2208	62C	2,065	<b>Magnum</b>	350	AR2206	77.5	2,450
	400	BM1	52	1,950	24" Barrel	350	AR2207	72	2,548
	400	BM2	56	1,955		400	AR2206	74.5	2,320
	400	AR2206	56	1,935		400	AR2207	67	2,323
	400	AR2207	48	1,920		400	AR2208	77.00C	2,310
						450	AR2207	60	2,092
<b>45/70 Government Modern Rifles</b>	300	AR2207	63	2,532		450	AR2208	74.00C	2,195
24" Barrel	350	AR2207	56	2,300		500	AR2206	71.5	2,125
<i>NOTE: This data is for use in Ruger No.1 and No. 3 single shots, Browning Model 1885 Single Shot and Siamese Mauser Bolt Action Rifles</i>	400	AR2207	53	2,108		500	AR2207	58.5	1,987
	500	BM2	54	1,780		500	AR2208	74.00C	2,152
	500	AR2206	55	1,830	<b>460 Weatherby Magnum</b>	350	AR2209	120	2,737
	500	AR2208	57	1,785	24" Barrel	350	AR2213SC	128	2,678
						400	AR2209	118	2,610
						400	AR2213SC	127	2,565
<b>45/70 Government Trapdoor Rifle</b>	300	AR2205	40	1,935		500	AR2209	115	2,508
24" Barrel	300	AR2207	50	1,970		500	AR2213SC	126	2,469
	300	BM1	54	2,000		600	AR2209	104	2,439
	300	BM2	60	2,035		600	AR2213SC	115	2,457
	300	AR2206	60	2,030	<b>470 Nitro Express</b>	500	AR2209	112	2,141
	300	AR2208	63.00C	2,020	24" Barrel	500	AR2213	115	2,150
<i>*This data is intended for Springfield "Trapdoor" 1886, rolling block and antique replica rifles</i>	L 385	AR2207	32	1,483		500	AR2213SC	119	2,159
	L 385	AR2208	52.5	1,805		500	AR2217	125	2,063
	400	AR2207	44	1,740		600	AR2213SC	105	1,941
	400	BM1	46	1,665		600	AR2217	115	1,933
	400	BM2	52	1,760					
	400	AR2206	52	1,770					
	400	AR2208	54	1,760					
	L 405	AR2207	31	1,459					
	L 405	AR2208	50	1,718					

(C) = Compressed load L = Lead Projectile

Sequence of numbers is correct in order of decreasing burning rates.

# RIFLE DATA

CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY	CALIBRE	BULLET WEIGHT (Grains)	POWDER TYPE	MAX. CHARGE WEIGHT (Grains)	NOM. VELOCITY
<b>500 Jeffery</b>	535	AR2206	96	2,300	<b>50 Browning Machine Gun</b>	655	AR2218	248	3,029
45" Barrel					45" Barrel	750	AR2218	233	2,800
						800	AR2218	225	2,725

(C) = Compressed load

Sequence of numbers is correct in order of decreasing burning rates.

## Cowboy Action Data

For the first time we present a separate section for Cowboy Action Data. Many of these loads were developed through an extensive program by the Hodgdon Powder Company Inc. of the USA, to whom we are indebted for their contribution.

Velocities for all cartridges listed are limited by the SAAMI maximum allowable pressures. Minimum loads are established by pressure. Loads with very low pressure may fail to function in very cold weather, resulting in a bullet becoming lodged in the bore (please see the Warnings section of this guide).

The average loss in velocity from the listed pressure barrel data when using a 4 $\frac{1}{8}$  inch barreled revolver is 175 fps. A 7 $\frac{1}{2}$  inch revolver will lose about 50 fps.

Carbines will generally develop velocities similar to those listed in the data. Some carbine/cartridge combinations will exceed the velocities listed.

Because of a wide variation in bullet diameter, chamber diameter, cylinder gap, case capacity and manufacturing variations in primers and powder, we suggest that you chronograph loads from your own firearms.

**DO NOT LOAD BELOW MINIMUM RECOMMENDATIONS.** Doing so could result in a bullet stuck in the bore.

### Long Range Rifle Data

The loads listed below are representative of common calibres used. As there are so many

cartridges which could be used, only a few are shown. DO NOT USE ANY FILLER MATERIAL WITH THESE LOADS, as fillers can alter pressure and velocities decidedly. Velocities are limited to approximately 1,600 fps due to excessive leading at higher velocities.

Use flat point bullets in tubular magazines.

### Shotgun

Any load suitable for trap or skeet is suitable for Cowboy Action shooting. Shot loads of  $\frac{7}{8}$  oz., 1 oz. And 1 $\frac{1}{8}$  oz. are all that is required. Heavier loads generate more recoil and are, at best, unpleasant to shoot and, at worst, add time to your score.

The loads included in this guide were selected for their performance and for the availability of components.

Remember:

1. Smooth shells come out of a double barreled shotgun better than ribbed shells.
2. NO STEEL SHOT.
3. NO SHOT LARGER THAN #4. Size 6, 7 $\frac{1}{2}$  and 8 are most common.
4. CHECK YOUR RELOADS IN YOUR GUN FOR PROPER FUNCTION.

\*Damascus barrels should be considered unsafe with ANY powder.



# COWBOY LONG RIFLE

CALIBRE	BULLET WEIGHT (grains)	POWDER TYPE	STARTING LOADS			MAXIMUM LOADS		
			POWDER WEIGHT (grains)	VELOCITY (fps)	PRESSURE (cup)	POWDER WEIGHT (grains)	VELOCITY (fps)	PRESSURE (cup)
<b>30-30 Winchester</b>	160 Cast	AR2207	15.0	1420	15,000	17.0	1616	20,600
<b>32-40 Winchester</b>	196 Cast	AR2205	Reduce Maximum 3%			13.0	1267	18,000
<b>38-55 Winchester</b>	250 Cast	AR2207	18.5	1408	17,100	21.0	1608	23,700
<b>45-70 Government</b>	300 Cast	AR2207	30.0	1390	14,400	35.5	1641	16,100
		AR2208	45.0	1599	17,800	55.0	1880	20,600
	385 Cast	AR2207	28.0	1302	13,300	32.0	1483	14,700
		AR2208	42.5	1537	15,400	52.5	1805	21,800
	405 Cast	AR2207	27.0	1251	14,200	31.0	1459	17,100
		AR2208	40.0	1392	15,600	50.0	1718	20,900
	485 Cast	AR2207	28.0	1279	16,400	32.0	1434	20,400

\*AR2205 Loads should not be reduced more than 3% due to inconsistency of velocity at the lower pressure.

# COWBOY PISTOL

CALIBRE	BULLET WEIGHT (grains)	POWDER TYPE	POWDER WEIGHT (grains)	STARTING LOADS			MAXIMUM LOADS		
	VELOCITY (fps)			PRESSURE (cup)	POWDER WEIGHT (grains)	VELOCITY (fps)	PRESSURE (cup)	POWDER WEIGHT (grains)	VELOCITY (fps)
<b>25-20 Winchester</b>	71 Lead RNFP	AR2205	6.0	1146	13,700	7.0	1346	18,200	
	85 Lead RNFP	AR2205	6.0	1129	18,500	7.0	1317	20,500	
<b>32 H &amp; R Magnum</b>	90 Lead RNFP	AP-70N	3.0	819	8,400	3.2	908	11,500	
<b>32-20 Winchester (Colt Pistol)</b>	115 Lead RNFP	AP-70N	3.0	808	14,200	3.2	869	16,000	
<b>32-20 Winchester (Ruger Pistol &amp; Rifle Data only)</b>	115 Lead RNFP	AP-70N	3.2	869	16,000	4.0	1037	22,600	
<b>38 Special</b>	125 Lead RNFP	AP-70N AS-30N	4.3 2.5	872 810	8,700 8,400	4.7 3.5	1036 978	16,800 13,900	
	135 Lead RNFP	AP-70N AS-30N	4.1 2.6	924 767	13,400 11,400	4.6 3.3	1025 910	16,900 16,200	
	158 Lead SWC	AP-70N AS-50N AS-30N	3.5 3.0 2.8	756 798 812	9,600 12,400 12,900	4.5 3.5 3.1	974 903 871	16,700 16,100 15,000	
	125 Lead RNFP	AP-70N AS-30N	4.8 3.5	1046 984	11,000 11,900	6.8 5.3	1401 1260	34,200 33,000	
	135 Lead RNFP	AP-70N AS-30N	4.8 3.4	986 914	11,700 12,200	6.5 5.1	1314 1207	27,800 30,200	
	158 Lead SWC	AP-70N AS-30N	4.0 3.2	890 867	15,700 14,400	6.2 4.6	1247 1079	33,400 33,600	
<b>38-40 WCF (in psi)</b>	180 Lead RNFP	AP-70N AS-30N	6.9 4.7	813 760	8,200 8,700	7.5 5.5	955 889	11,900 13,500	
	200 Lead RNFP	AP-70N AS-30N	6.6 4.2	722 648	10,000 8,200	7.3 5.0	777 765	11,100 11,700	
<b>44 Russian</b>	160-165 Lead RNFP	AS-30N	3.0	776	7,300	4.0	977	11,100	
	200 Lead RNFP	AP-70N AS-30N	4.8 3.2	816 747	8,100 8,000	5.7 3.7	970 837	11,500 11,100	
	240 Lead RNFP	AP-70N AS-30N	3.8 3.0	679 711	6,400 9,400	4.6 3.5	841 769	11,000 10,700	

# COWBOY PISTOL

CALIBRE	BULLET WEIGHT (grain)	POWDER TYPE	POWDER WEIGHT (grains)	STARTING LOADS		MAXIMUM LOADS		
				VELOCITY (fps)	PRESSURE (cup)	POWDER WEIGHT (grains)	VELOCITY (fps)	PRESSURE (cup)
<b>44 Special</b>	160-165	AP-70N	5.5	851	5,700	6.3	1042	10,900
	Lead RNFP	AS-30N	3.6	836	6,000	4.6	1009	13,400
	185	AP-70N	5.4	823	7,700	6.4	1031	13,900
	Lead RNFP	AS-30N	3.5	810	7,800	4.2	930	13,200
	200	AP-70N	5.5	802	8,200	6.5	960	12,900
	Lead RNFP	AS-50N	4.3	774	7,300	5.2	919	13,500
		AS-30N	3.5	748	7,800	4.5	891	14,000
	240	AP-70N	4.9	721	8,000	5.6	873	13,300
	Lead SWC	AS-50N	3.9	723	8,900	4.7	825	13,000
		AS-30N	3.2	669	9,000	4.0	771	13,500
<b>44 Magnum</b>	160-165	AP-70N	6.5	918	7,700	7.2	1059	11,500
	Lead RNFP	AS-30N	4.4	910	8,500	5.5	1064	15,500
	185	AP-70N	6.4	919	8,400	7.4	1070	12,600
	Lead RNFP	AS-30N	4.2	839	8,900	6.0	1043	18,400
	200	AP-70N	6.8	897	10,500	7.8	1045	15,400
	Lead RNFP	AS-50N	5.3	854	10,000	6.8	1044	18,300
		AS-30N	4.2	785	8,500	6.4	1028	20,200
	240	AP-70N	6.5	852	11,700	7.6	1009	19,900
	Lead SWC	AS-50N	4.5	737	9,900	6.5	970	21,700
		AS-30N	4.3	759	14,000	6.2	940	21,800
<b>45 S &amp; W (Schofield)</b>	200	AP-70N	6.0	773	9,100	7.0	938	13,100
	Lead RNFP	AS-30N	4.0	733	8,300	5.0	845	13,100
	225-230	AP-70N	5.5	738	9,400	6.0	816	11,400
	Lead RNFP	AS-30N	4.0	697	9,400	4.7	783	13,600
	250	AP-70N	6.0	724	9,900	6.3	830	13,800
	Lead RNFP	AS-30N	4.0	674	11,000	4.2	710	12,500

# COWBOY PISTOL

CALIBRE	BULLET WEIGHT (grain)	POWDER TYPE	POWDER WEIGHT (grains)	STARTING LOADS		MAXIMUM LOADS		
				VELOCITY (fps)	PRESSURE (cup)	POWDER WEIGHT (grains)	VELOCITY (fps)	PRESSURE (cup)
<b>45 Long Colt</b>	160-165	AP-70N	6.5	798	7,400	9.5	1197	12,900
	Lead RNFP	AS-30N	5.0	907	7,500	6.4	1083	13,500
	180	AP-70N	6.5	791	7,100	9.2	1161	13,900
	Lead RNFP	AS-30N	4.8	840	7,900	6.0	1016	13,800
	200	AP-70N	6.4	749	5,700	8.8	1067	13,600
	Lead RNFP	AS-30N	4.6	777	5,900	5.9	931	13,100
	215	AP-70N	6.8	777	6,300	8.6	1001	13,800
	Lead RNFP	AS-30N	4.6	754	6,400	5.7	889	13,400
	225-230	AP-70N	6.5	761	7,600	8.1	975	13,800
	Lead RNFP	AS-30N	4.4	734	7,600	5.4	865	13,900
<b>250</b>	AP-70N	6.5	742	9,200	7.8	941	13,000	
	Lead RNFP	AS-50N	5.4	786	9,200	6.0	866	13,400
		AS-30N	4.2	713	8,500	5.1	817	13,400

# COWBOY SHOTSHELL

Category	SHOT WEIGHT (ounces)	POWDER TYPE	PRIMER TYPE	WAD TYPE	VELOCITY <sub>1</sub> (fps)	VELOCITY 1			VELOCITY 2			VELOCITY 3			VELOCITY 4		
						CHARGE WEIGHT (Grains)	PRESSURE (LUP)	VELOCITY <sub>2</sub> (fps)	CHARGE WEIGHT (Grains)	PRESSURE (LUP)	VELOCITY <sub>3</sub> (fps)	CHARGE WEIGHT (Grains)	PRESSURE (PSI)	VELOCITY <sub>4</sub> (fps)	CHARGE WEIGHT (Grains)	PRESSURE (PSI)	
<b>12 GA. 2 3/4" REMINGTON PREMIER PLASTIC SHELLS</b>	1 OZ	AS-30N	Rem.209P	Rem.TGT 12	1125	16.8	6,600	1180	17.9	7,400	1235	18.9	8,100	1290	19.9	8,800	
		AS-30N	Win. 209	WAA12SL		15.7	7,100		17.0	8,200		18.4	9,500		19.8	10,700	
		AS-50N	Win. 209	WAA12SL		18.4	7,100		20.1	8,600		21.0	10,000				
		AS-50N	Rem. 209P	Rem. TGT 12		20.2	6,800		20.9	7,700		21.4	8,900				
	1 1/8 OZ	AS-30N	CCI 209	Windjammer	1090	16.6	6,400	1145	18.0	7,500	1200	19.4	8,600	1255			
		AS-30N	Rem. 209P	Rem. Fig 8		16.9	6,900		18.0	7,900		19.2	9,000				
		AS-50N	CCI 209	Windjammer		19.2	6,100		19.8	6,500		21.2	7,500		22.3	8,300	
		AS-50N	Rem. 209P	WAA12		18.3	7,000		18.8	7,600		19.7	8,700		20.9	10,400	
		AS-50N	Rem. 209P	Rem. Fig 8		18.6	6,400		19.6	7,000		20.9	7,500		21.7	9,100	
		AP-70N	Win. 209	Rem. Fig 8	1200	22.5	8,900	1255	23.7	9,900	1310	25.0	10,800				
		AP-70N	Win. 209	WAA12		21.5	9,800		23.0	10,700							
		AP-70N	CCI 209	Windjammer		23.2	8,400		24.4	9,100		25.7	10,200				
<b>12 GA. 2 3/4" WINCHESTER COMPRESSION-FORMED AA TYPE SHELLS</b>	1 OZ	AS-30N	CCI 209	Rem. TGT 12	1125	16.6	6,700	1180	17.7	7,700	1235	18.7	8,500	1290	19.8	9,500	
		AS-30N	Rem. 209P	Purple PC		17.6	6,400		18.6	6,800		19.5	7,200		20.5	7,600	
		AS-30N	Win. 209	WAA12SL		16.0	7,400		17.2	8,300		18.5	9,200		19.8	10,200	
		AS-50N	CCI 209	WAA12SL		19.2	6,700		20.6	7,500		22.3	8,800				
		AS-50N	Rem. 209P	Rem. TGT 12		20.8	5,900		21.5	7,100		22.3	7,800				
		AS-50N	Win. 209	WAA12SL		18.9	6,900		20.4	8,300		21.3	8,900				
	1 1/8 OZ	AS-30N	Rem. 209P	Red PC	1090	17.1	7,200	1145	18.4	7,800	1200	19.6	8,400	1255			
		AS-30N	Win. 209	WAA12		16.1	7,700		17.3	8,800		18.2	9,800				
		AS-30N	Win. 209	Rem. Fig 8		16.0	7,700		17.0	8,500		18.1	9,400				
		AS-50N	Rem. 209P	Rem. Fig 8					20.1	6,300		21.1	7,700		22.1	8,000	
		AS-50N	Win. 209	WAA12		17.6	7,400		18.1	8,300		19.2	9,600		21.3	10,800	
		AS-50N	Win. 209	RedPC		18.3	6,800		18.9	7,200		20.2	8,300		21.3	9,700	
	AP-70N	Win. 209	Rem. Fig 8	1200	22.5	9,000	1255	23.5	10,000	1310	24.5	10,700					
		AP-70N	Win. 209	WAA12	22.0	10,000		22.7	10,600								
<b>16 GA. 2 3/4" REMINGTON PREMIER SP PLASTIC SHELLS</b>	1 OZ	AP-70N	Win. 209	Rem. SP 16	1165	18.5	8,800	1220	19.8	9,900	1275	20.5	10,400				
<b>16 GA. 2 3/4" WINCHESTER COMPRESSION-FORMED SHELLS</b>	1 OZ	AP-70N	Win. 209	WAA16	1165	18.5	9,000		19.5	9,900		20.5	10,400				
<b>20 GA. 2 3/4" REMINGTON RXP PLASTIC SHELLS</b>	7/8 OZ	AS-50N	Rem. 209P	RXP20	1200	14.0	10,700										
		AS-50N	Win. 209	WAA20		14.0	11,900										
		AP-70N	Win. 209	WAA20		15.8	9,600										
		AP-70N	Rem. 209P	RXP20		15.8	9,000										
<b>20 GA. 2 3/4" WINCHESTER COMPRESSION-FORMED AA TYPE SHELLS</b>	7/8 OZ	AS-50N	Rem. 209P	RXP20	1200	14.0	10,800										
		AS-50N	Win. 209	PC20		14.0	11,200										
		AS-50N	Win. 209	WAA20		14.0	11,800										
		AP-70N	Win. 209	WAA20		15.5	10,200										
		AP-70N	Rem. 209P	RXP20		15.8	9,800										

# SHOT GUN POWDER BUSHING CHART AS-30N

CHARGE WEIGHT (grains)	LEE	PONSONS WARREN	BLAIR	MEC	LYMAN	REDDING	DL-155 DL-155APF DL-105	PACIFIC	TEXAN		HORNADY
16.0	.141	H		29							429
16.5	.148	F1				12	414	420	420	124	126
	.155	I	429	30	H10	13					
17.0	.163	J		31						125	127
17.5		J1	441		H11		423	432	432		128
18.0		J2		32		14				127	129
18.5	.171	G	450				432	441	441	128	
		G1		33							130
19.0	.180				H11A		444	450	450	129	131
			459	34	H12						468
19.5		M	465							130	132
20.0	.189			35			453	459	462	131	
20.5		N		36	H13	15				132	
21.0		O		37							495
21.5		P									
22.0	.198	Q		38							507
22.5				38A							
23.0											
23.5											

**NOTE:** This bushing chart does not represent recommended charge weights. It is intended only as a guide to the approximate weight of powder which will be dropped by the listed bushing. It is essential that charges being dropped weighed on each occasion a loading machine is used.

# SHOT GUN POWDER BUSHING CHART AS-50N

CHARGE WEIGHT (grains)	LEE	PONCESS WARREN	BLAIR	MEC	LYMAN	REDDING	DL-155 DL-1554PF DL-105	PACIFIC	TEXAN		HORNADY
13.7	.105				21						
14.0											375
14.3					22						378
14.6											381
											384
14.9					23						387
											390
15.2	.116	D									393
15.5		D1			24						396
16.0	.122	E			25						402
16.5	.128	E1			26						408
					27						414
17.0		E2									
17.5	.134	F1			28						420
18.0					29						423
18.5	.141	H				12				124	429
19.0		I	429	30	H10	13	414	420	420	125	126
19.5	.148	J			31					127	441

**NOTE:** This bushing chart does not represent recommended charge weights. It is intended only as a guide to the approximate weight of powder which will be dropped by the listed bushing. It is essential that charges being dropped weighed on each occasion a loading machine is used.

# SHOT GUN POWDER BUSHING CHART AS-50N

CHARGE WEIGHT (grains)	LEE	PONSMITH WARREN	BLAIR	MEC	LYMAN	REDDING	DL-155 DL-155APF DL-105	PACIFIC	TEXAN	GT, FW, LT A, AP, D, DP	M	HORNADY
20.0		J1	441		H11		423	423	432	126	128	447
20.5	.155	K	450	32		14				127		453
							432	441	441		129	
21.0				33						128	130	459
21.5	.163	L			H11A					129		465
			459		H12		444	450	450		131	
22.0				34						130		471
22.5	.171	M	465								132	477
23.0				35			453	459	462	131	133	483
23.5	.180	N		36		15	462	479	474	132		489
24.0		O			H13							495
24.5	.189	P		37								501
25.0		Q		38								507
25.5												
26.0	.198			38A								

**NOTE:** This bushing chart does not represent recommended charge weights. It is intended only as a guide to the approximate weight of powder which will be dropped by the listed bushing. It is essential that charges being dropped weighed on each occasion a loading machine is used.

# SHOT GUN POWDER BUSHING CHART AP-70N

CHARGE WEIGHT (grains)	LEE	PONCESS WARREN	BLAIR	MEC	LYMAN	REDDING	DL-155 DL-1554PF DL-105	DL-266	DL-366	PACIFIC	TEXAN	HORNADY
12.7		C									112	
13.0		C		16								330
13.5				17							113	
13.6											111	
14.0		D1		18						112	114	342
14.5				19							115	
15.0	.095										116	354
15.5		E		20						113	117	
16.0				21						114		366
		E1		22						115		
16.5										116	118	372
	.105											
17.0		E2		22						119		378
		D								117		
17.4				23								384
	.110	D1								118	120	
18.0		F									121	390
18.5	.116	F1		24								393
19.0		F6		25						119	122	402
19.4	.122		26							120	123	405

**L9** NOTE: This bushing chart does not represent recommended charge weights. It is intended only as a guide to the approximate weight of powder which will be dropped by the listed bushing. It is essential that charges being dropped weighed on each occasion a loading machine is used.

# SHOT GUN POWDER BUSHING CHART AP-70N

CHARGE WEIGHT (grains)	LEE	PONSONS WARREN	BLAIR	MEC	LYMAN	REEDING	PACIFIC	TEXAN	HORNADY
20.0	.123	G		27				121	124
20.6		G1						122	417
21.0	.134			28				123	420
21.5						423	420	420	126
22.0		H		29	12			124	127
22.5	.141			30	H10	432	432	432	128
23.0		I	429			13		125	438
23.5	.148			31	H11			126	441
					14			127	
24.0	.151	J	441			447	447	447	129
24.5	.155	J1		32					130
25.0		K				456	456	456	131
	.163	L	450	33				129	456
26.0			459	34		468	468	468	132
				35				130	468
27.0	.171	M	465			480	480	480	131
28.0		N		36	15			132	489
29.0		O		37	H13			133	501

**NOTE:** This bushing chart does not represent recommended charge weights. It is intended only as a guide to the approximate weight of powder which will be dropped by the listed bushing. It is essential that charges being dropped weighed on each occasion a loading machine is used.

## APPROXIMATE ADI POWDER EQUIVALENTS

ADI	ALLIANT	DUPONT	WINCHESTER	HODGDON	VECTAN	NORMA	ACCURATE ARMS	ADI
AP-30N						R-1		AP-30N
	Bullseye							
AS-30N	Red Dot			Clays	AS	N2010	NITRO 100	AS-30N
AP-50N	Red Dot	PB	W231	HP 38			AA 2	AP-50N
AS-50N	Green Dot	700X	WST	International			AA 5	AS-50N
AP-70N	Unique	SR 7625		Universal				AP-70N
	Herco		WSF		A1			
AP-90		800X	WAP	HS-6			AA 7	AP-90
AP-100		SR 4756						AP-100
			W540					
Blue Dot			W571	HS-7			AA 9	
2400					Ba 6			
			W296	H110				
AR2205		IMR4227		H4227		R-123	AA1680	AR2205
AR2207	Reloader 7	IMR4198	W680	H4198	Tu 2000	N200		AR2207
BM1								BM1
				H322				
BM2		IMR3031		BENCHMARK			AA2015	BM2
AR2206	Reloader 12			BLC(2)	Tu 3000		AA2230	AR2206
			W748	H335				
		IMR4895		H4895	Tu 5000		AA2460	
AR2208		IMR4064					AA2520	AR2208
		IMR4320				N201		
	Reloader 15			H380		N202	AA2700	
AR2209		IMR4350	W760	H414/H4350	Tu 7000	N204		AR2209
	Reloader 19			H450		N205		
AR2213		IMR4831	WMR			MRP	AA3100	AR2213
AR2213SC				H4831				AR2213SC
	Reloader 22	IMR7828			Tu 8000			
AR2217				H1000				AR2217
AR2214								AR2214
AR2218				H870/H50BMG			AA8700	AR2218

NOTE: These tables are only approximate, showing equivalence within about 5%.

*Actual burning rates can be different depending upon calibre, weapon, loading components and practices, as well as from powder lot to powder lot. As a consequence it must be understood that we cannot accept any responsibility for the use of this information in any way.*

## BURNING RATES

Product	Burning Rate	Examples Of Application		
		Shotgun	Pistol	Rifle
AS-30N	Fastest ↑   □   □   □   ↓   Slowest	<b>12 Gauge Trap/Skeet Load</b>		
AP-30N			<b>.38 Special</b>	
AS-50N		<b>12 Gauge Trap/Sporting</b>		
AP-50N			<b>.45 ACP</b>	
AP-70N		<b>12 Gauge Field Load</b>	<b>40-40 Winchester</b>	
AP-90			<b>9mm Luger</b>	
AP-100			<b>.40 S&amp;W</b>	
AR2205		<b>410 gauge</b>	<b>.44 Magnum</b>	<b>.22 Hornet</b>
AR2207			<b>.7mm TCU</b>	<b>.222 Remington</b>
BM1				<b>.223 Remington</b>
BM2				<b>.22-250 Remington</b>
AR2206				<b>30-30 Winchester</b>
AR2208				<b>.308 Winchester</b>
AR2209				<b>30-06 Springfield</b>
AR2213				<b>.270 Winchester</b>
AR2213SC				<b>300. Win. Magnum</b>
AR2214				<b>7mm Rem. Magnum</b>
AR2218				<b>.30/378 Weatherby</b>





**THIS HANDLOADING GUIDE IS SUPPLIED  
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ADI powders are sold at all major gunshops



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